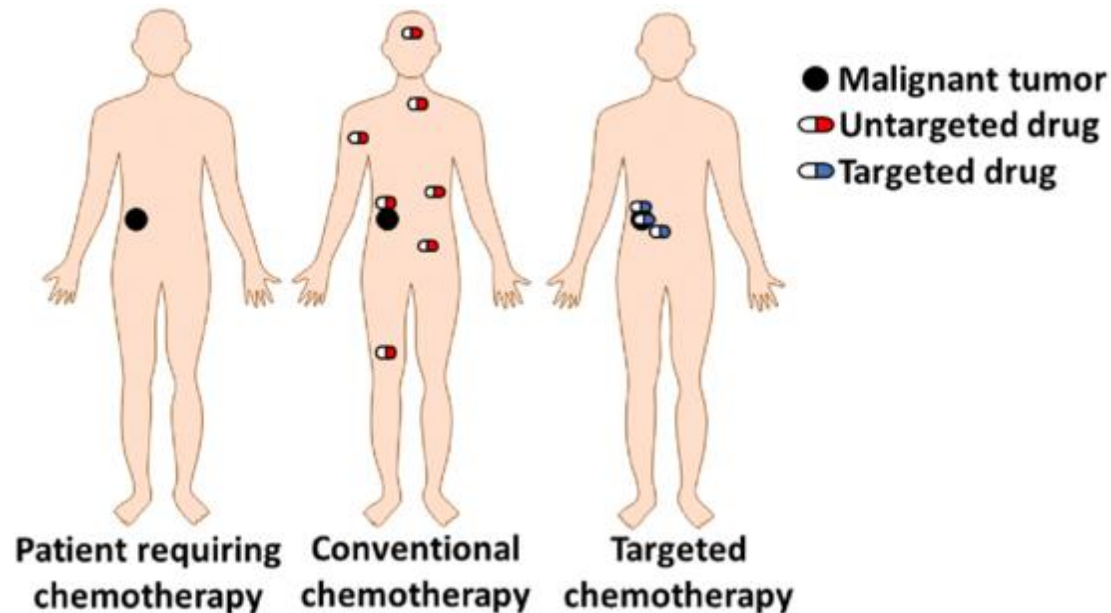


# TARGETED THERAPY

Dr. Yasemin Yozgat Byrne



# Cancer is as old as the history of humanity!

Oldest description of cancer was made in about 3000 BC, found in a papyrus in Egypt.



460-370 BC: Hippocrates was the first physician to use the “**carcinos**” or “**carcinoma**” terms.

28-50 BC: Celsus translated the Greek «carcinos» term into «**cancer**» (Latin word for crab).

130-200 AD: Galen used the word **oncos** (Greek for swelling) to describe tumors.

# What is cancer?

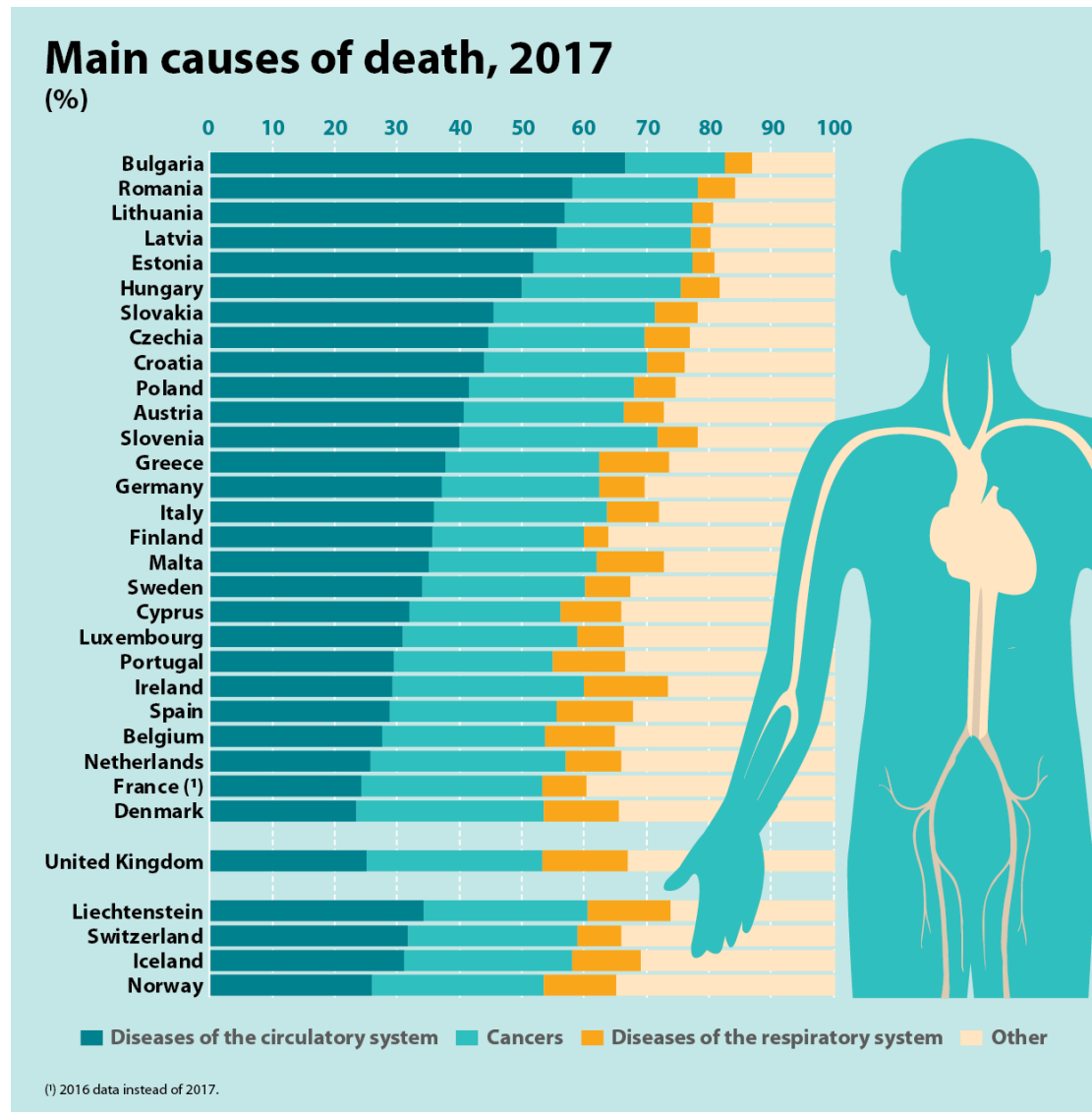
According to the American Cancer Society (ACS), **cancer** is a group of diseases characterized by uncontrolled growth and spread of abnormal cells.

If the spread is not controlled, it can result in death.

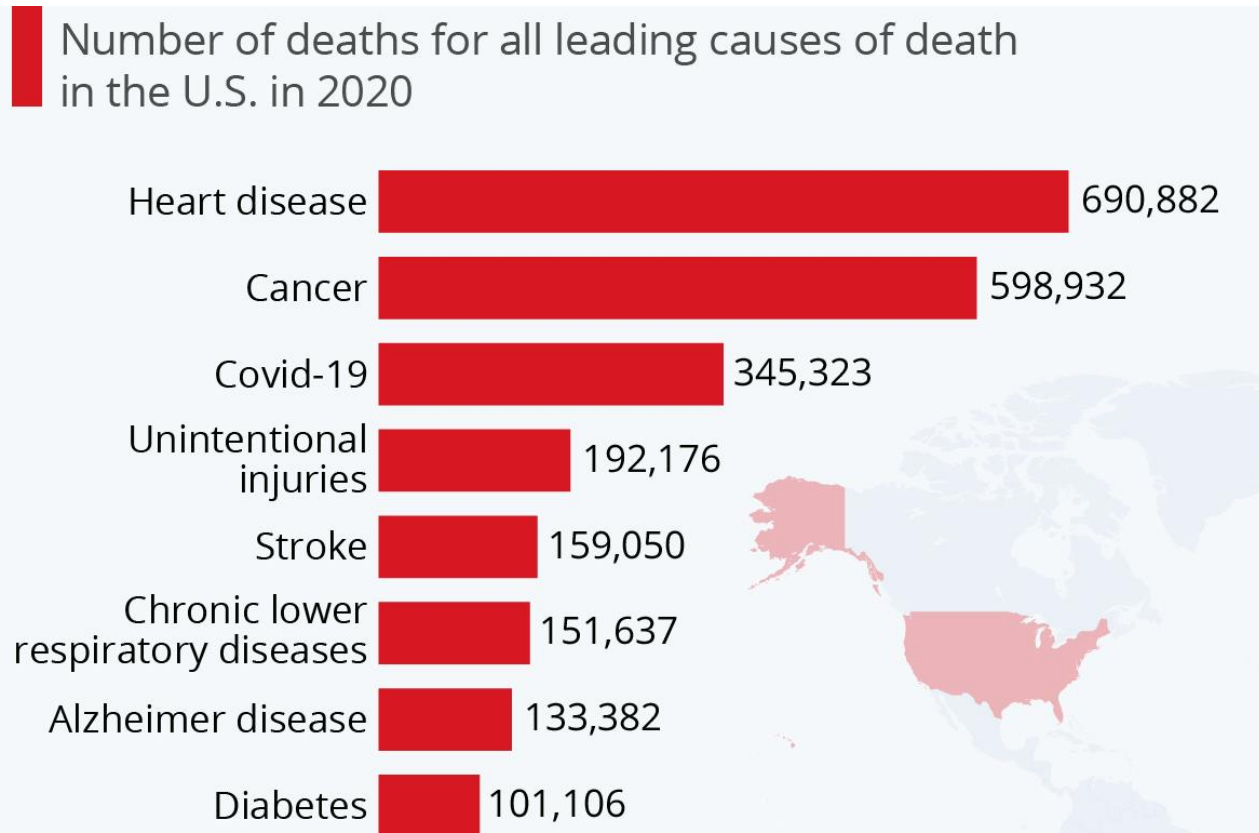
Cancer cells are defined by two heritable properties:

- (1) They reproduce without control
- (2) They invade and colonize other tissues

# Cancer is the 2nd leading cause of death in the World now but will likely become the 1st in 2060!



Cancer is the second leading cause of death globally, accounting for an estimated 9.6 million deaths, or one in six deaths, in 2018!



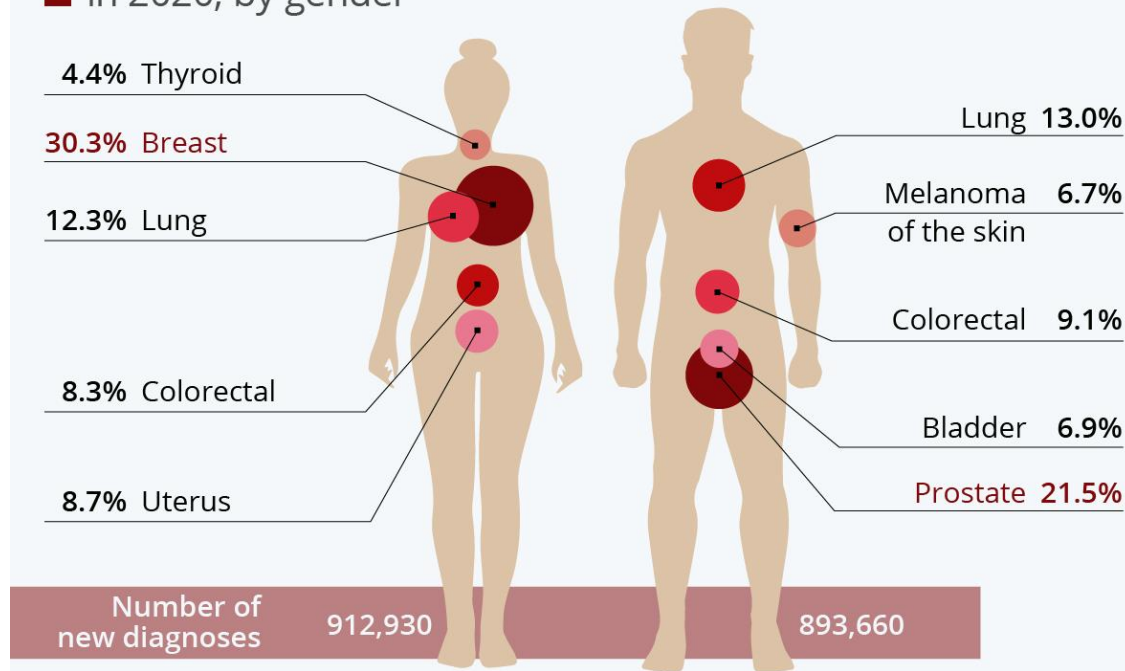
Source: Centers for Disease Control and Prevention



# Most common types of cancers in the US in 2020

## The Most Common Types of Cancer in the U.S.

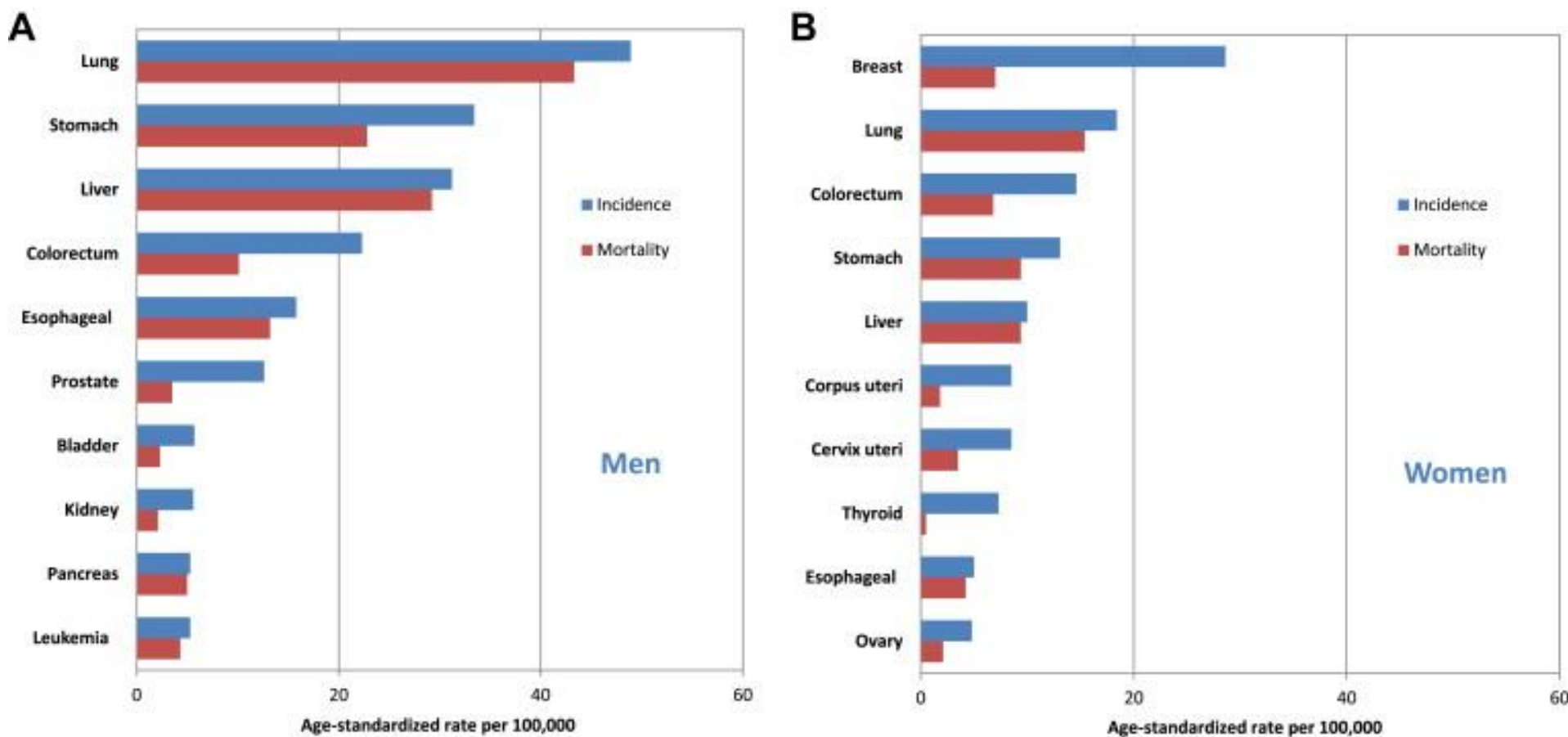
Projected share of new cancer diagnoses in the U.S.  
in 2020, by gender



Source: American Cancer Society



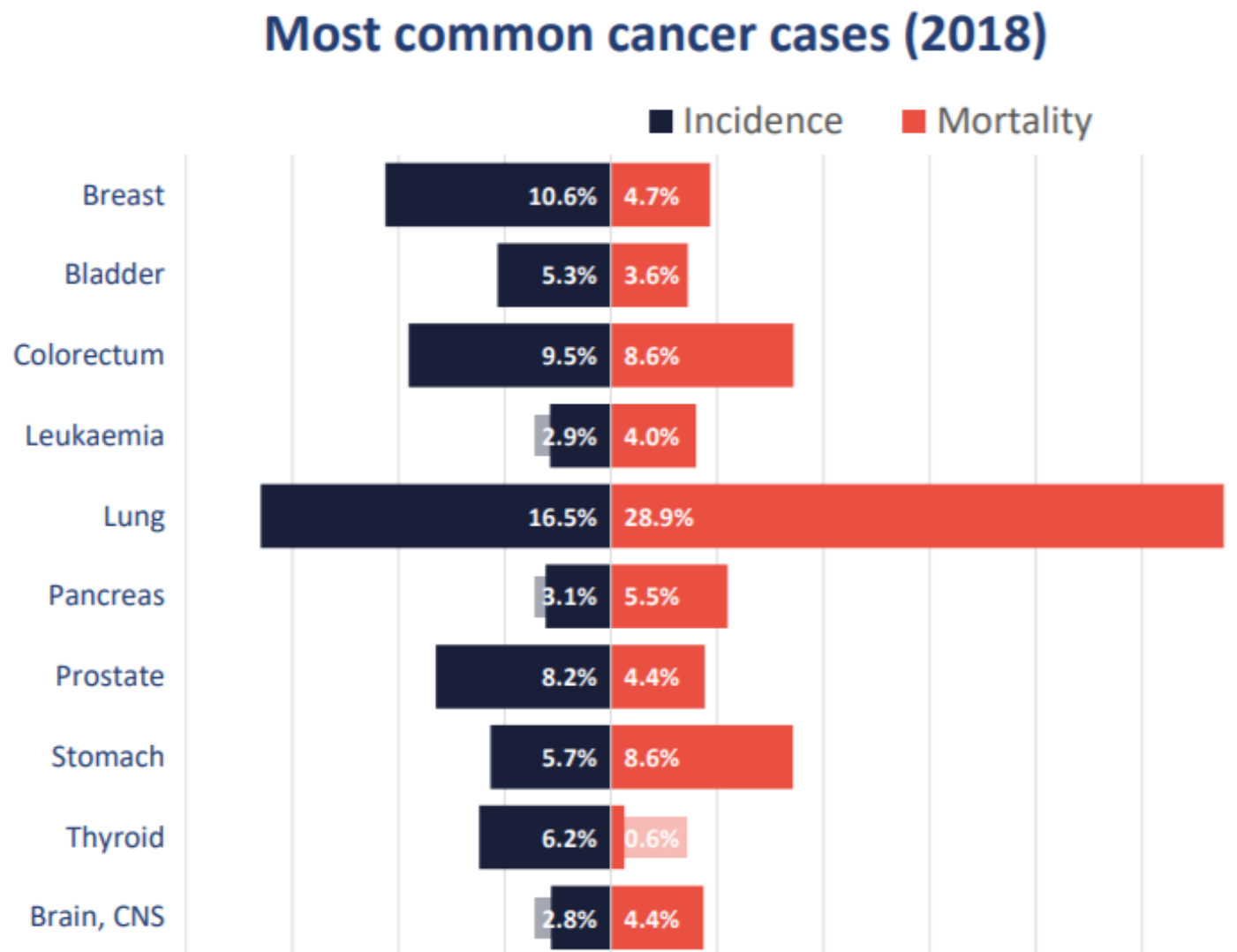
# Most common types of cancers globally



**Incidence:** occurrence of new cases

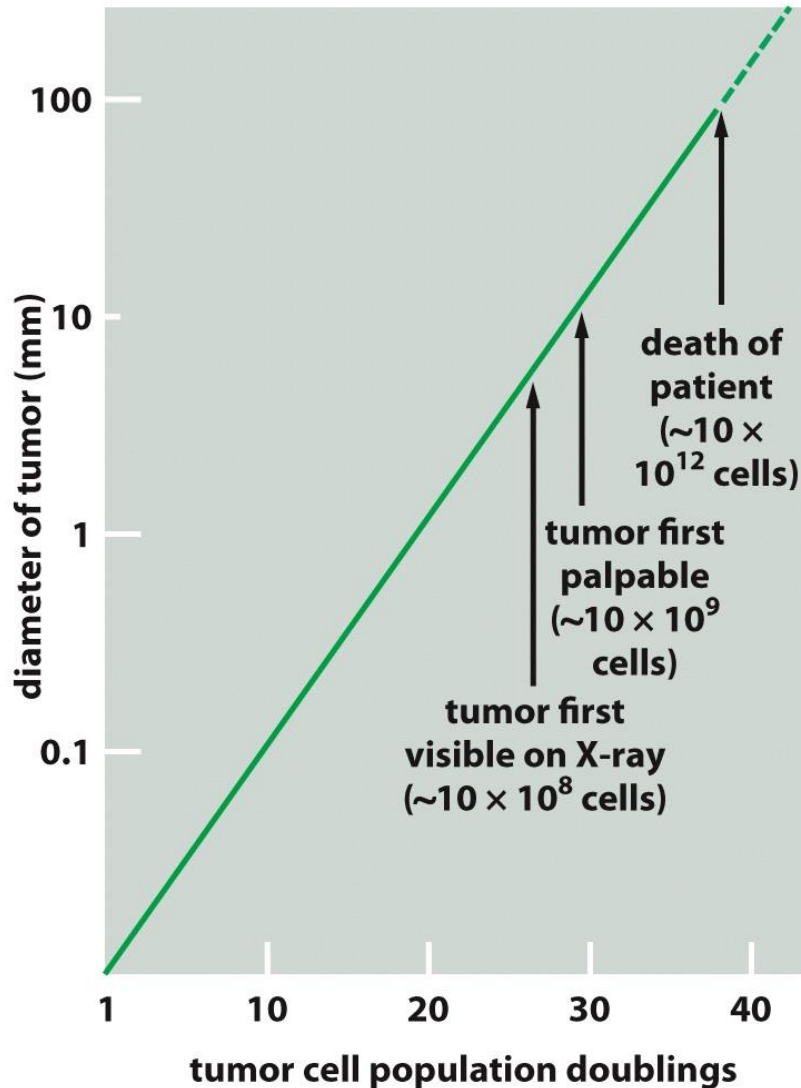
**Mortality:** number of deaths

# Most common types of cancers in Turkey (2018)



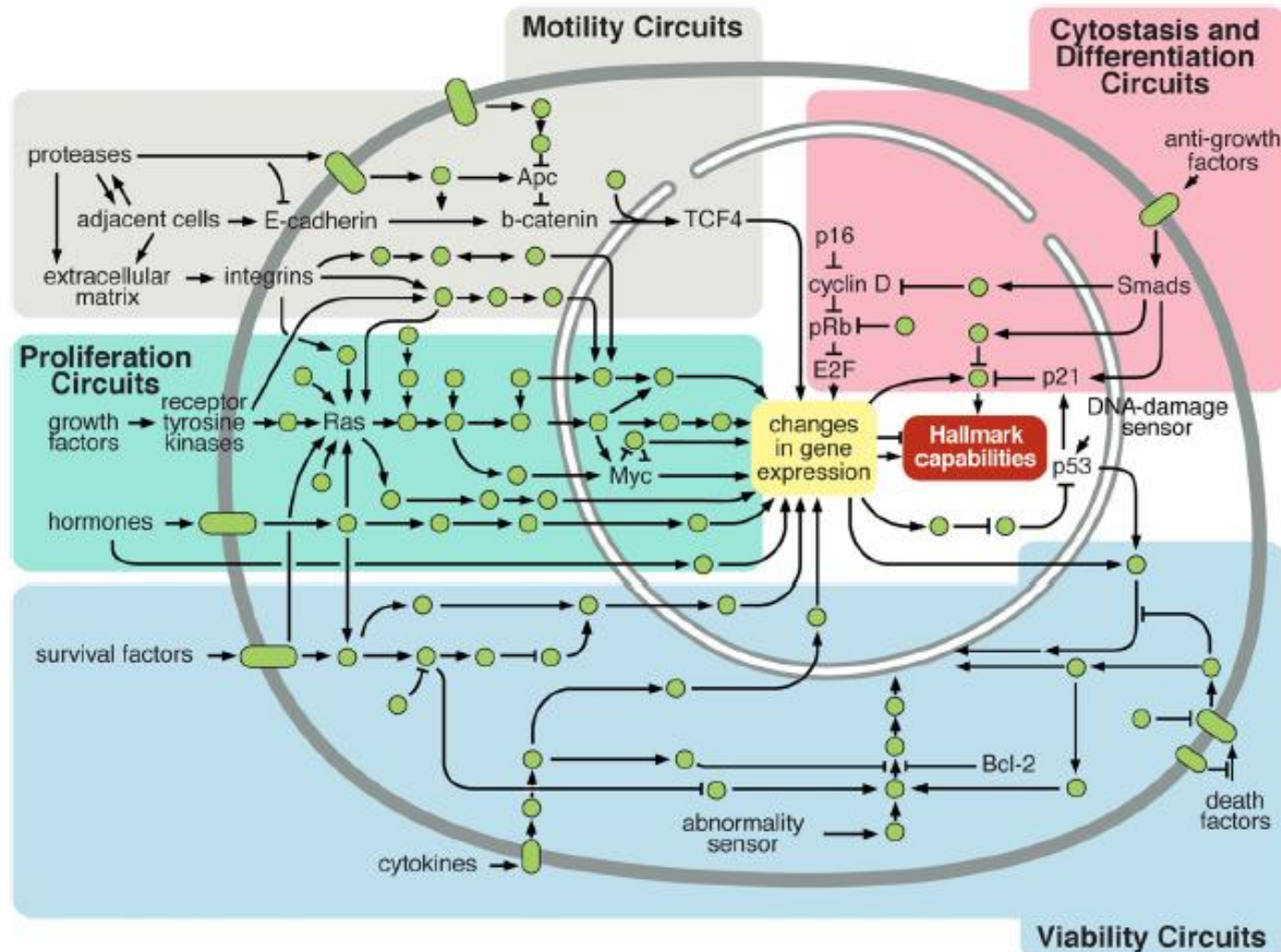


Generally it is not possible to diagnose a tumour before it becomes a mass containing millions of cells



By the time a tumour is first detected, it has been typically developing for many years and already contains a billion cells or more.

A very complex machinery exists in normal cells and cancer cells reprogram this system in order to promote overgrowth



Cancers are caused by accumulation of mutations  
(**genetic instability**)

**TABLE 20–1 A VARIETY OF  
FACTORS CAN CONTRIBUTE TO  
GENETIC INSTABILITY**

Defects in DNA replication

Defects in DNA repair

Defects in cell-cycle checkpoint  
mechanisms

Mistakes in mitosis

Abnormal chromosome numbers

Cancer is also a multi-layered disease with multiple complex networks of interactions located at different levels.



**Hallmarks of cancer:** refer mainly to the cellular and tissular processes that cause tumour growth and metastasis.

# What Type of Genes are Mutated During Tumorigenesis?

Genes that Regulate:

- Cell Growth
- Cell Death (Apoptosis )
- DNA Repair
- Angiogenesis
- Cellular Cohesion
- Drug/Xenobiotic Metabolism
- Drug Resistance

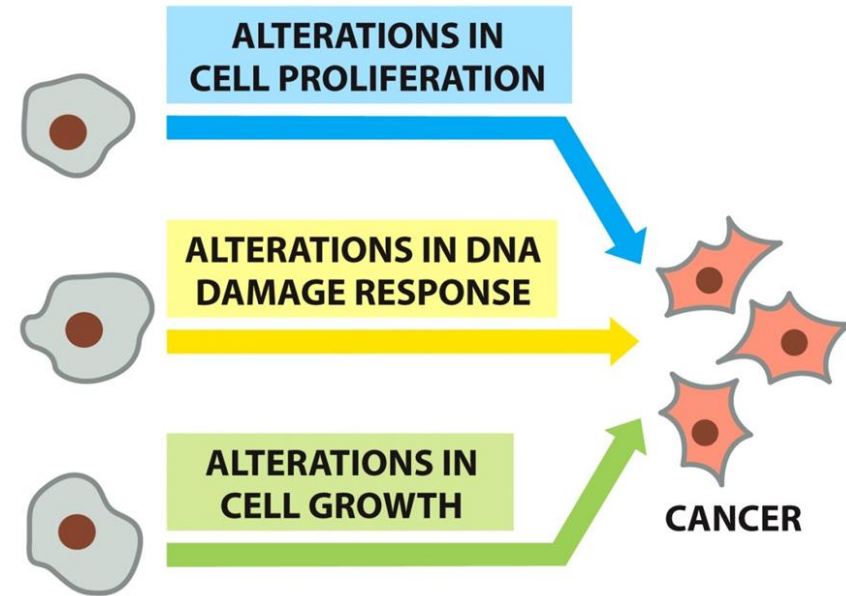


Figure 20-51 Essential Cell Biology, 4th ed. (© Garland Science 2014)

Cancer is caused by an **accumulation of genetic mutations**. Cancer does not arise from only one genetic alteration. It is typical to identify tumors containing **5 or more** genetic alterations.



Chromosomal duplications, deletions or translocations are common in human cancers.



(A)



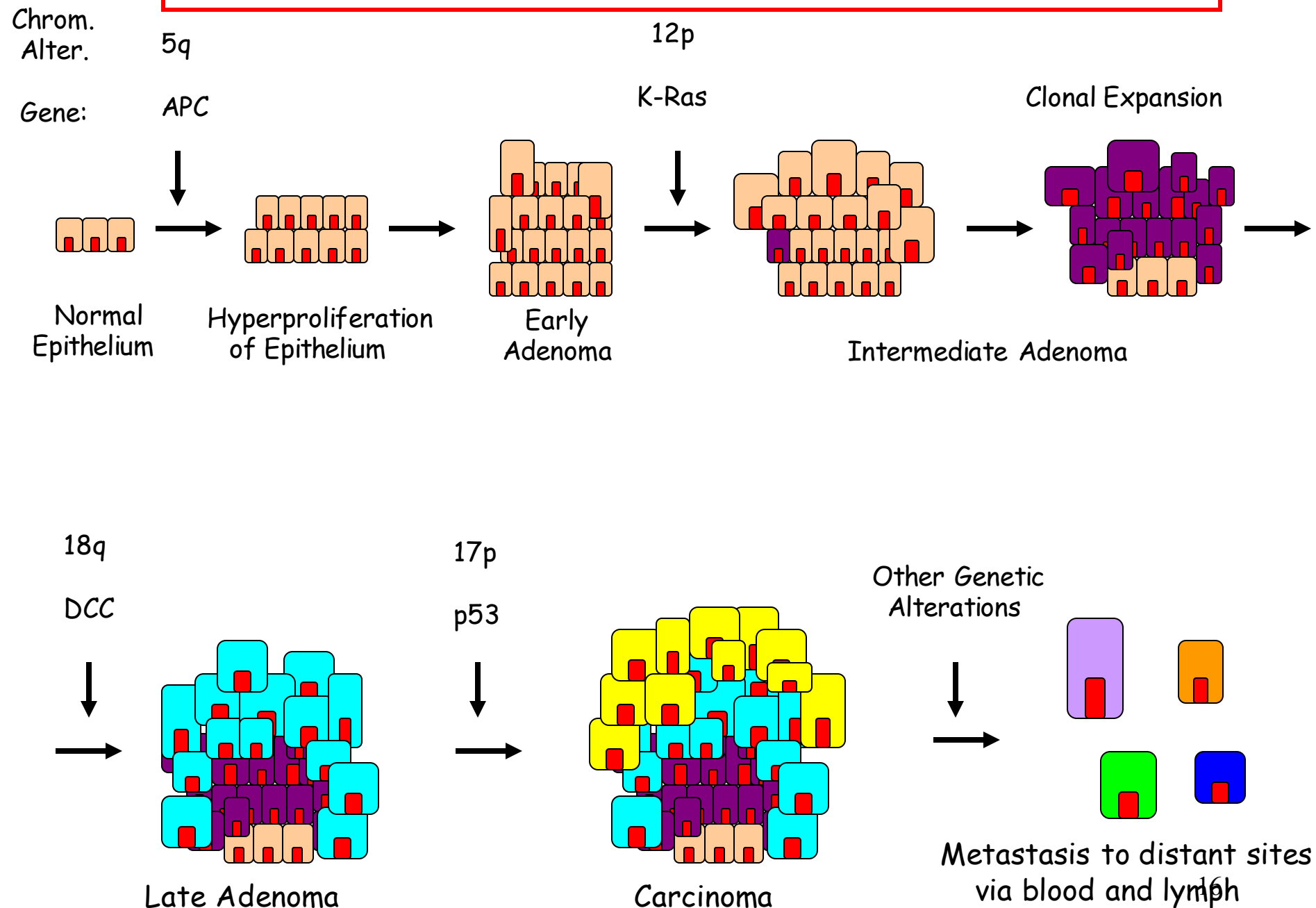
(B)

# Tumor Formation is a Multistage Process

The mutations don't happen all together....

they take a long time to accumulate!!

# Multistage Genetic Model for the Development of Colon Cancer





Colon cancers typically begin with the mutation and disruption of tumor suppressor gene APC (Ademotous Polyposis Coli), followed by formation of polyps.



(A)

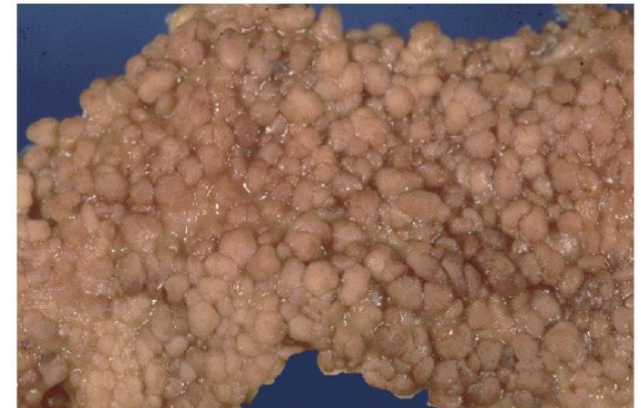


(B)

1 mm



(A)



(B)

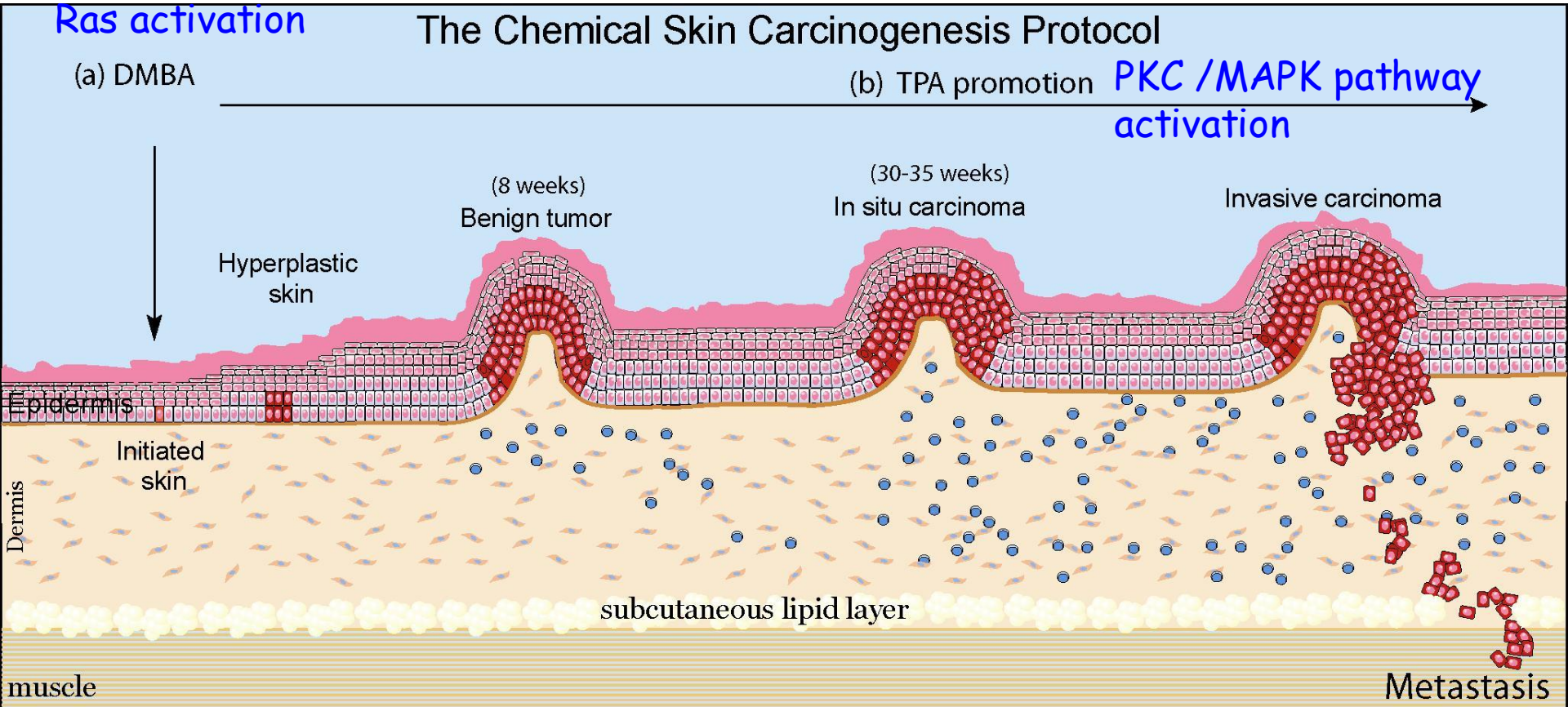
Figure 20-52 Essential Cell Biology, 4th ed. (© Garland Science 2014)

Note that excessive beef consumption was associated with colon cancers.

# Multistage processes of skin-cancer formation

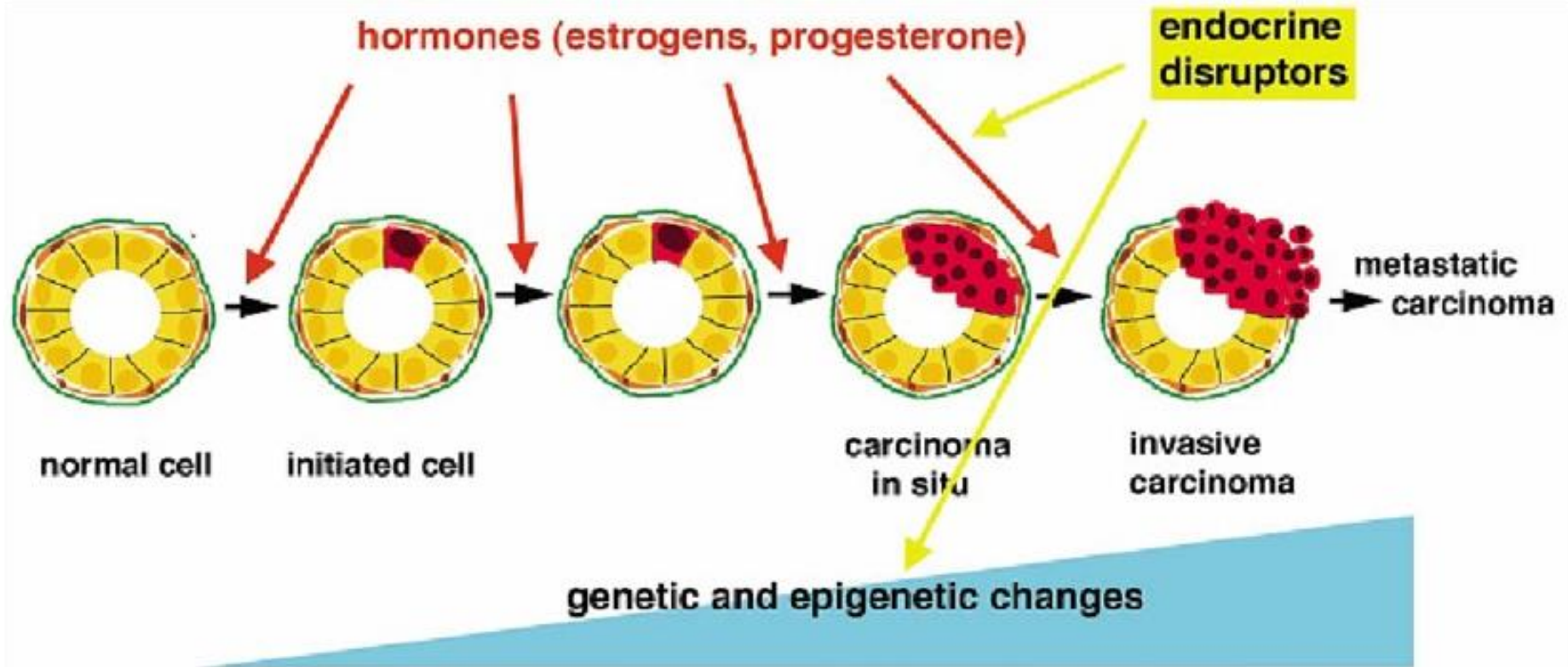
H-Ras mutation

Ras activation

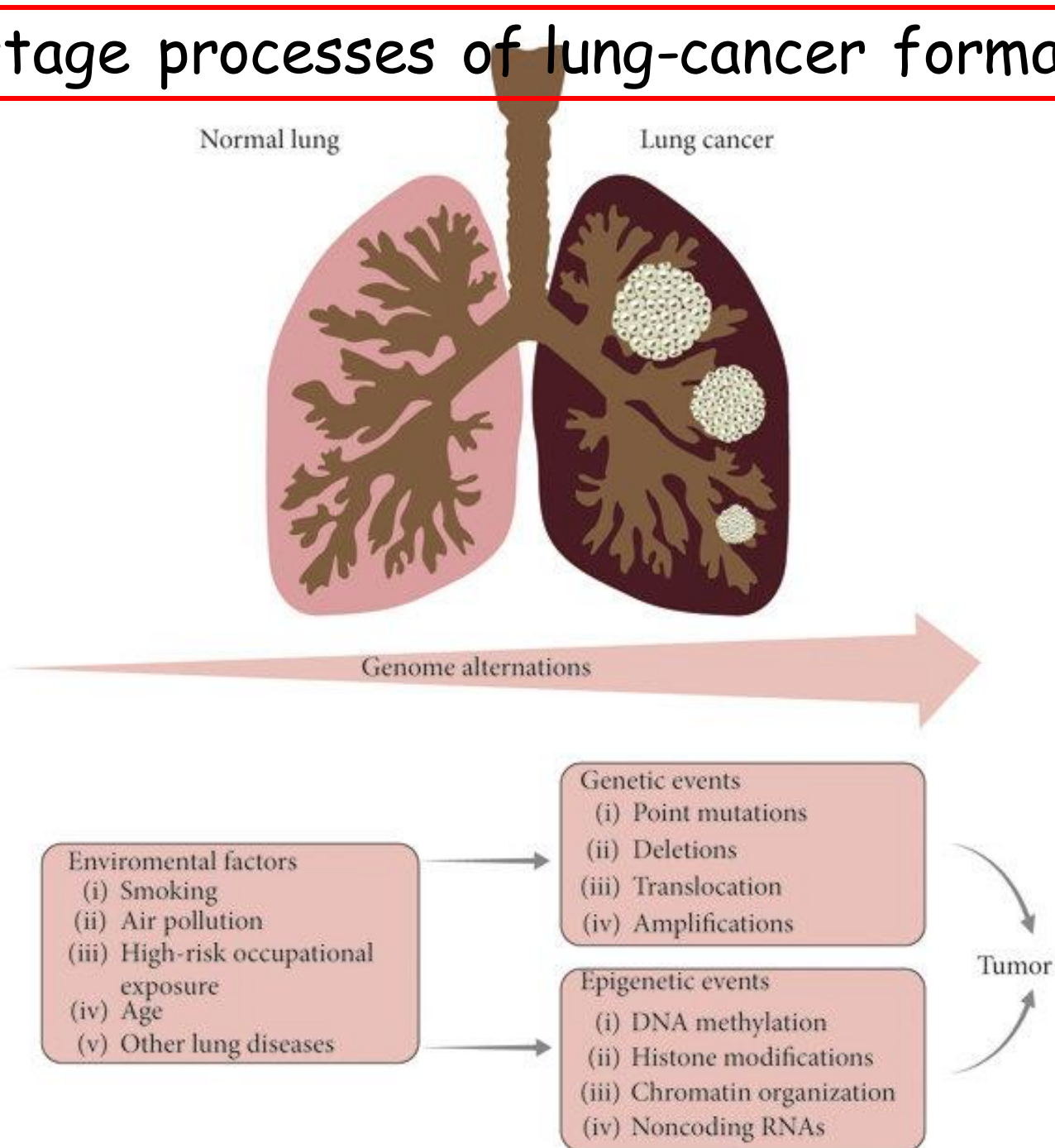




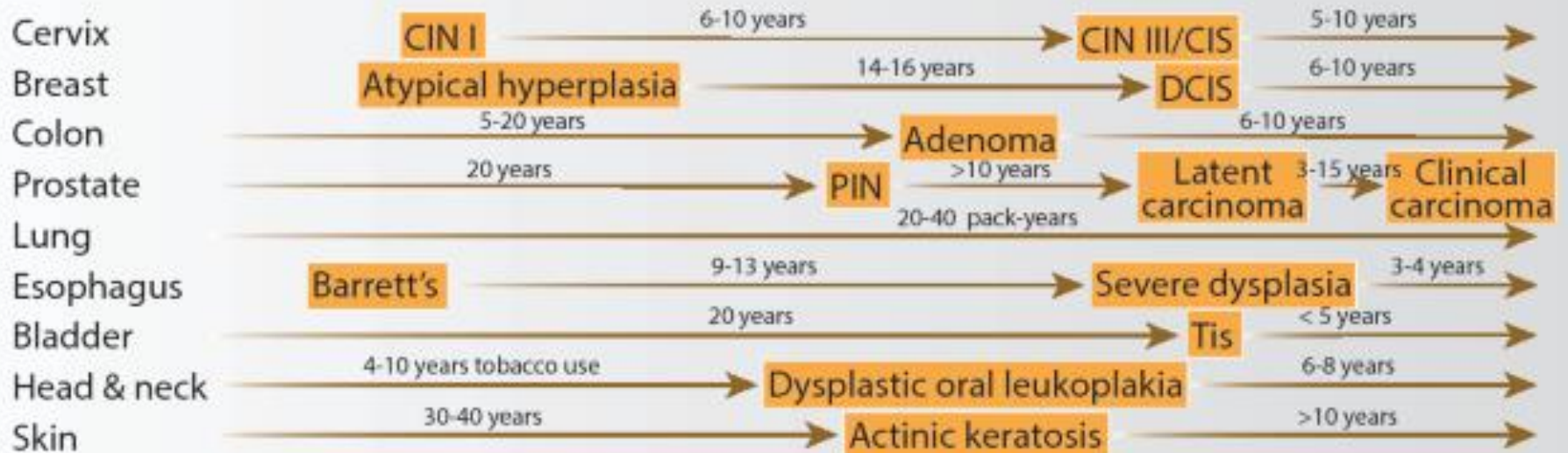
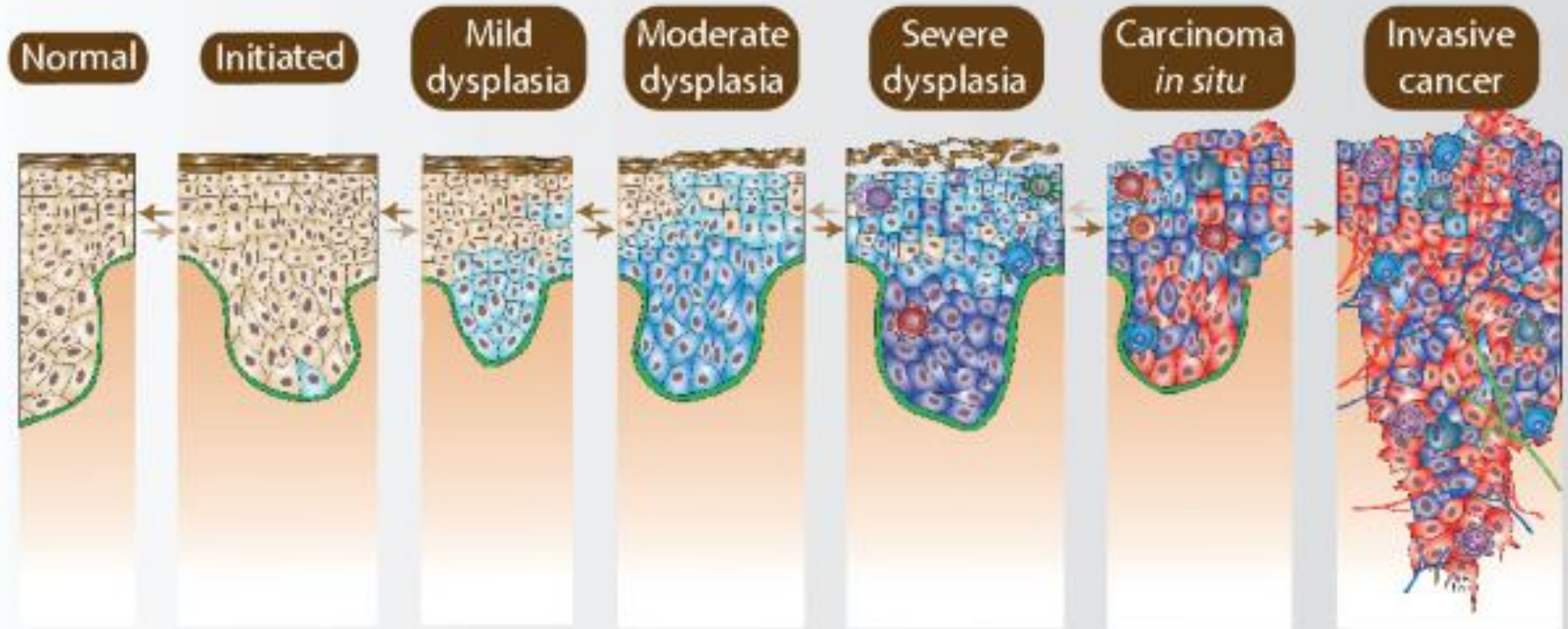
# Multistage processes of breast-cancer formation



# Multistage processes of lung-cancer formation



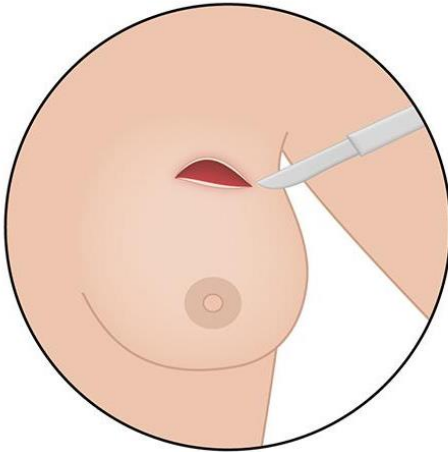
# Multi-step Tumorigenesis and Genome Instability



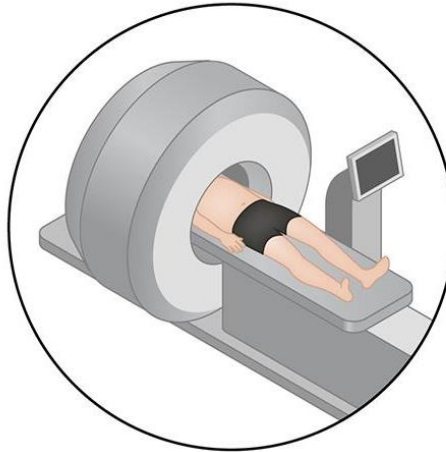


# Types of Cancer Treatment

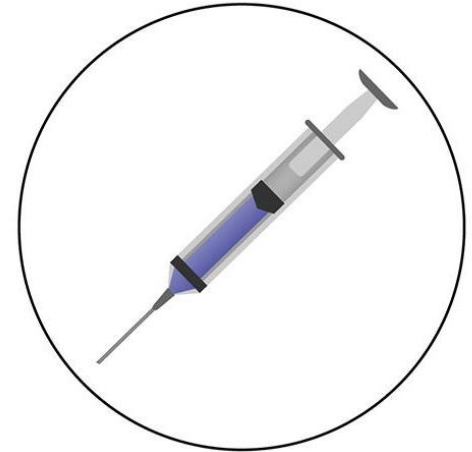
Surgery



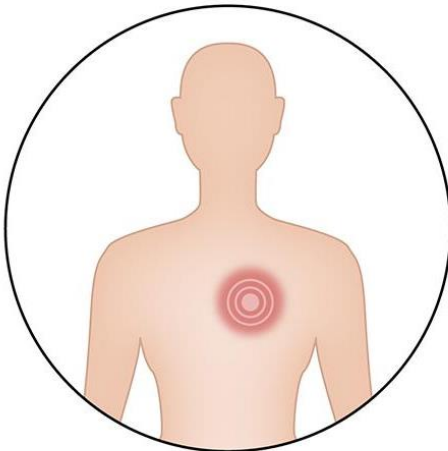
Radiotherapy



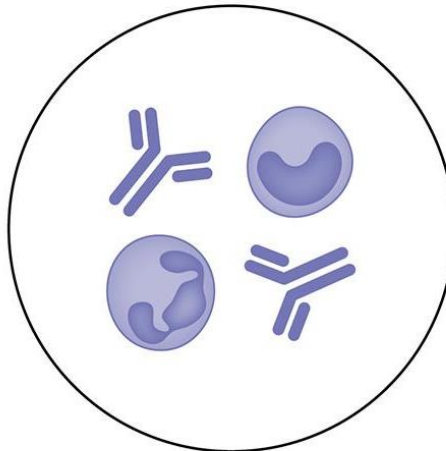
Chemotherapy



Targeted therapy



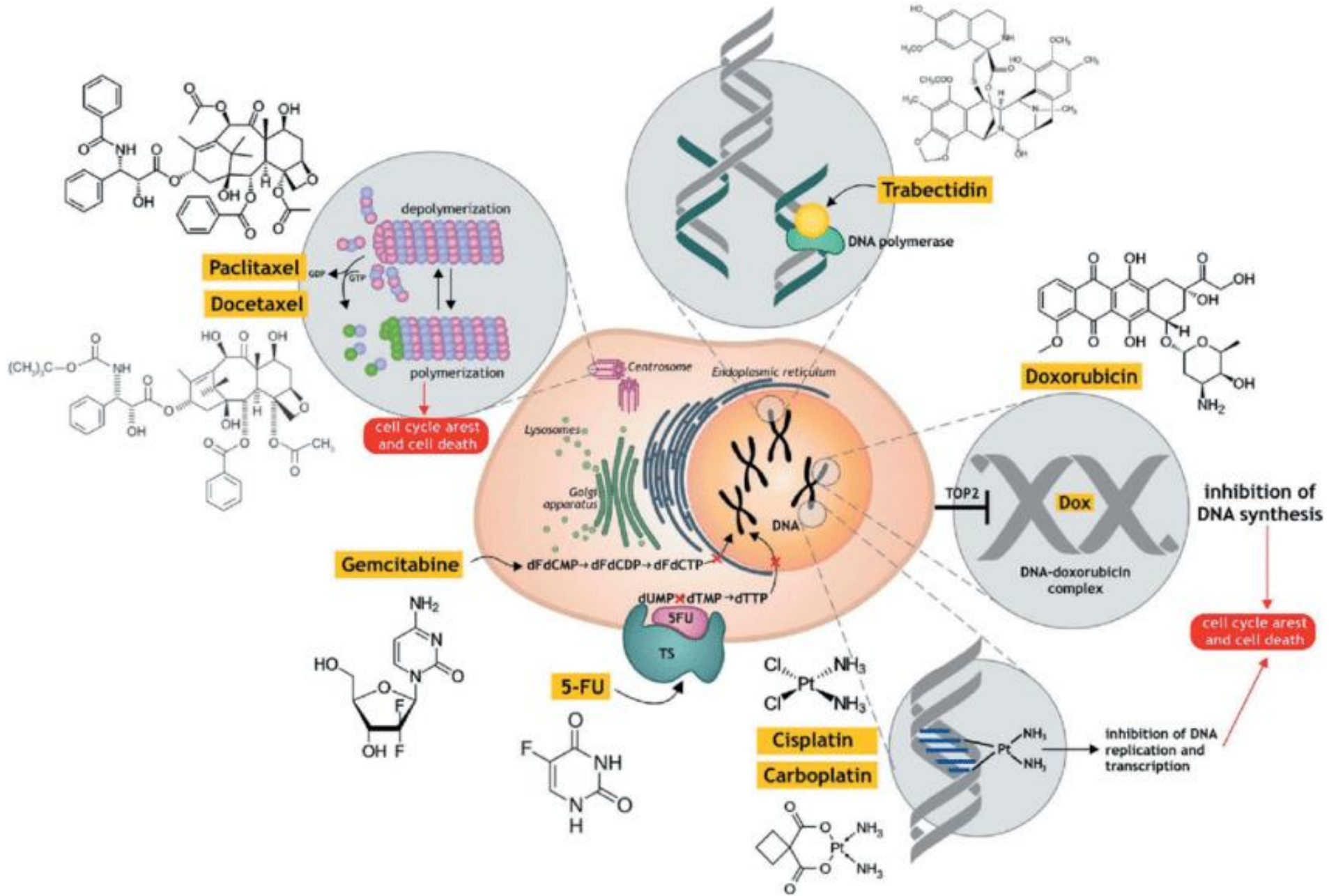
Immunotherapy



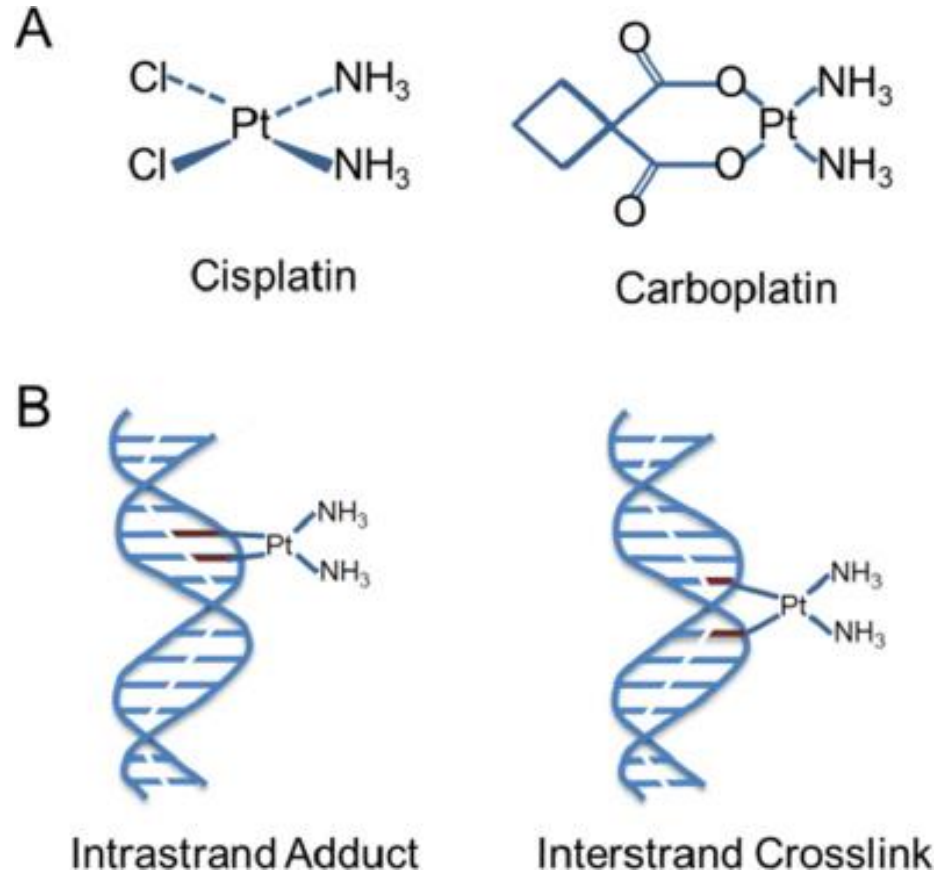
Bone marrow transplant



## The mechanisms of action of the main chemotherapeutic agents



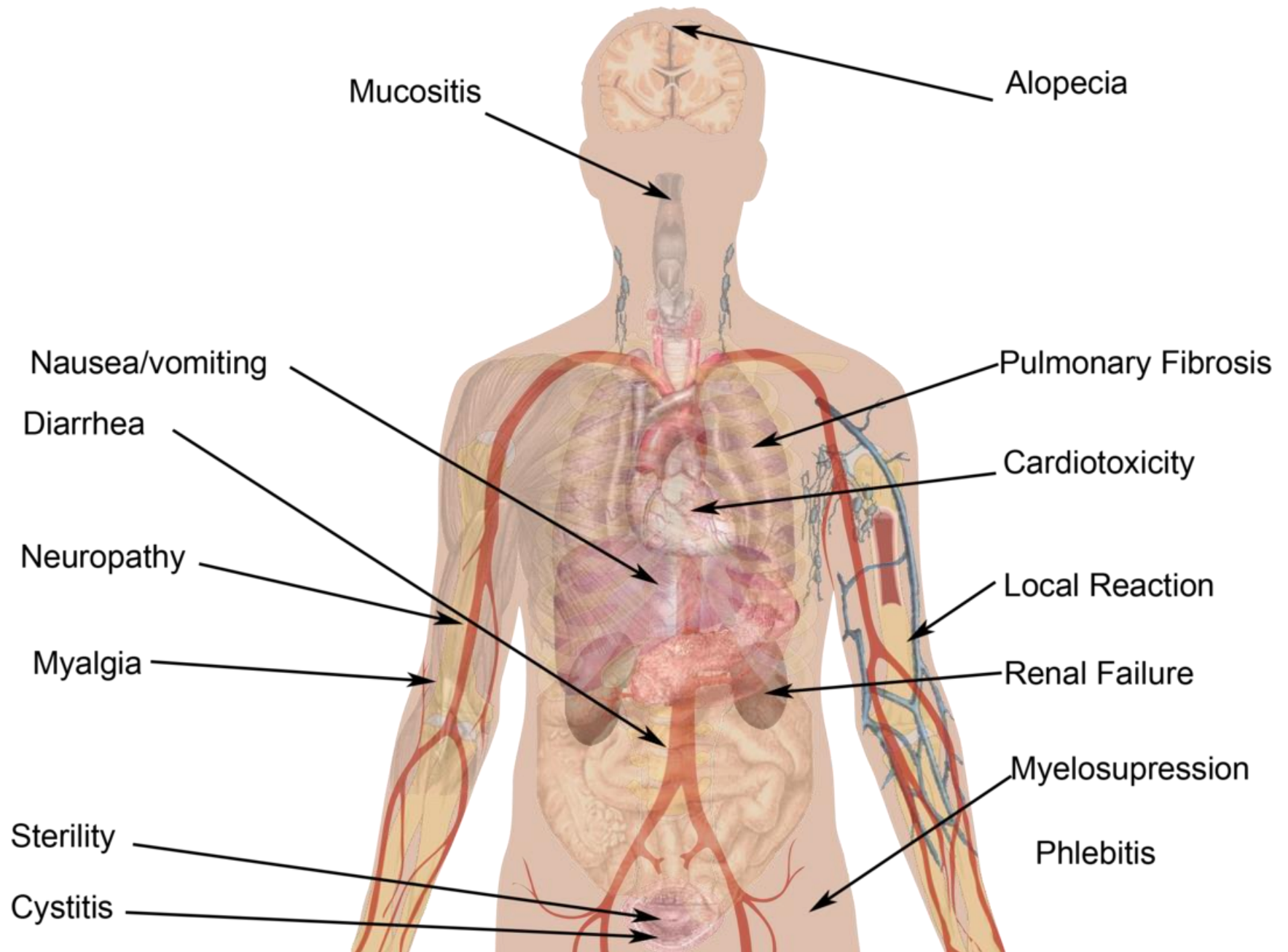
DNA damaging agents are also used in cancer because of their ability to inhibit DNA polymerase



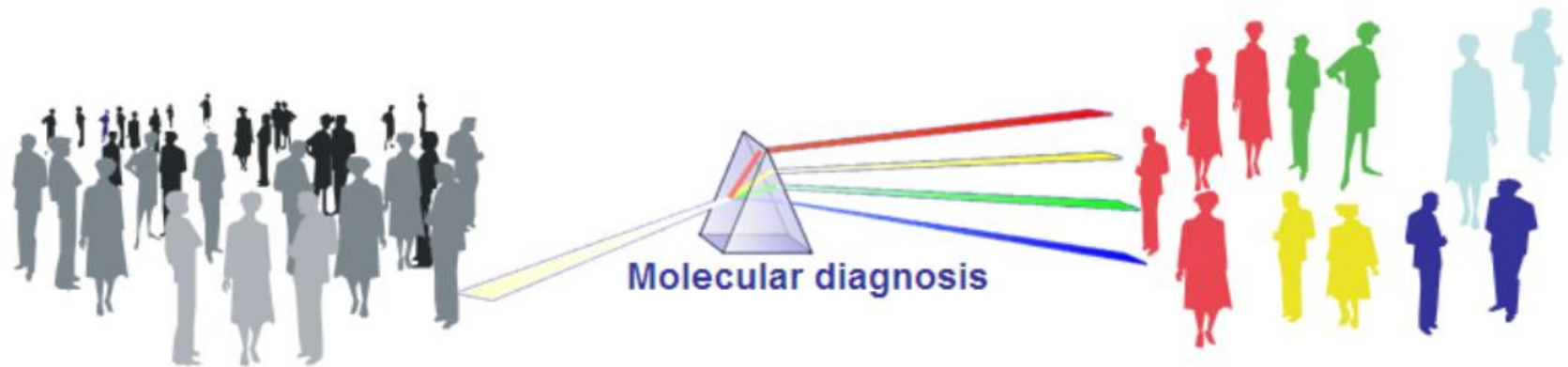
DNA damaging agents react with nucleotides and modify the structure of DNA. The modified structure then acts as a physical barrier and hinders the movement of DNA polymerase.



# Side Effects of Chemotherapy



# What is precision medicine?



Here all patients are treated the same...

- Some respond to treatment
- Others do not

Here, patients are ***treated according to their molecular profile,*** increasing the chances of benefit



People with the same type of cancer



Target 1 found\*



Target 2 found\*



No target found



Targeted  
therapy 1



Targeted  
therapy 2



Conventional  
treatment  
(e.g. surgery,  
chemotherapy,  
radiation therapy)



May be given with or without  
conventional treatment



## Standard chemotherapy

Generally work by damaging rapidly dividing cells

Identified by trial and error

Generally more severe side effects

## Targeted therapies

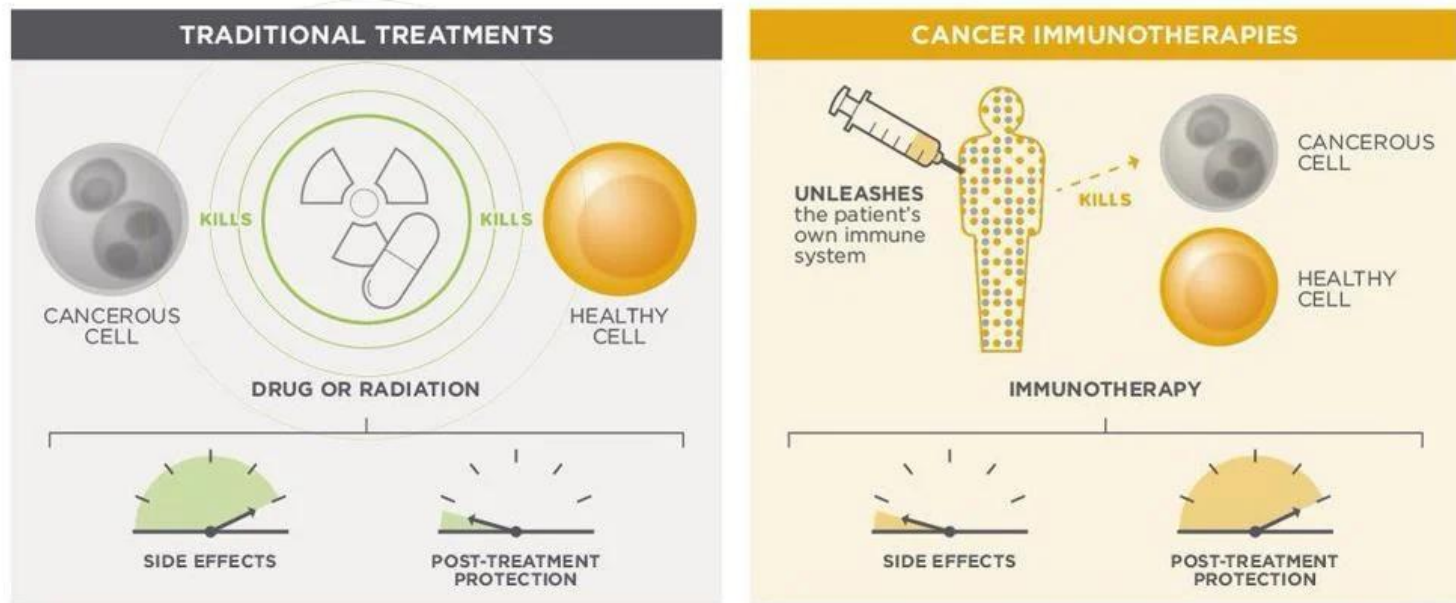
Specific disruption of pathways unique to cancer cells and absent in normal cells

Specifically designed with a certain molecular target in mind

Generally milder side effects

**Cancer immunotherapy** is a new form of cancer treatment that uses the power of the body's own immune system to prevent, control, and eliminate cancer.

## IMMUNOTHERAPY VS. CHEMOTHERAPY



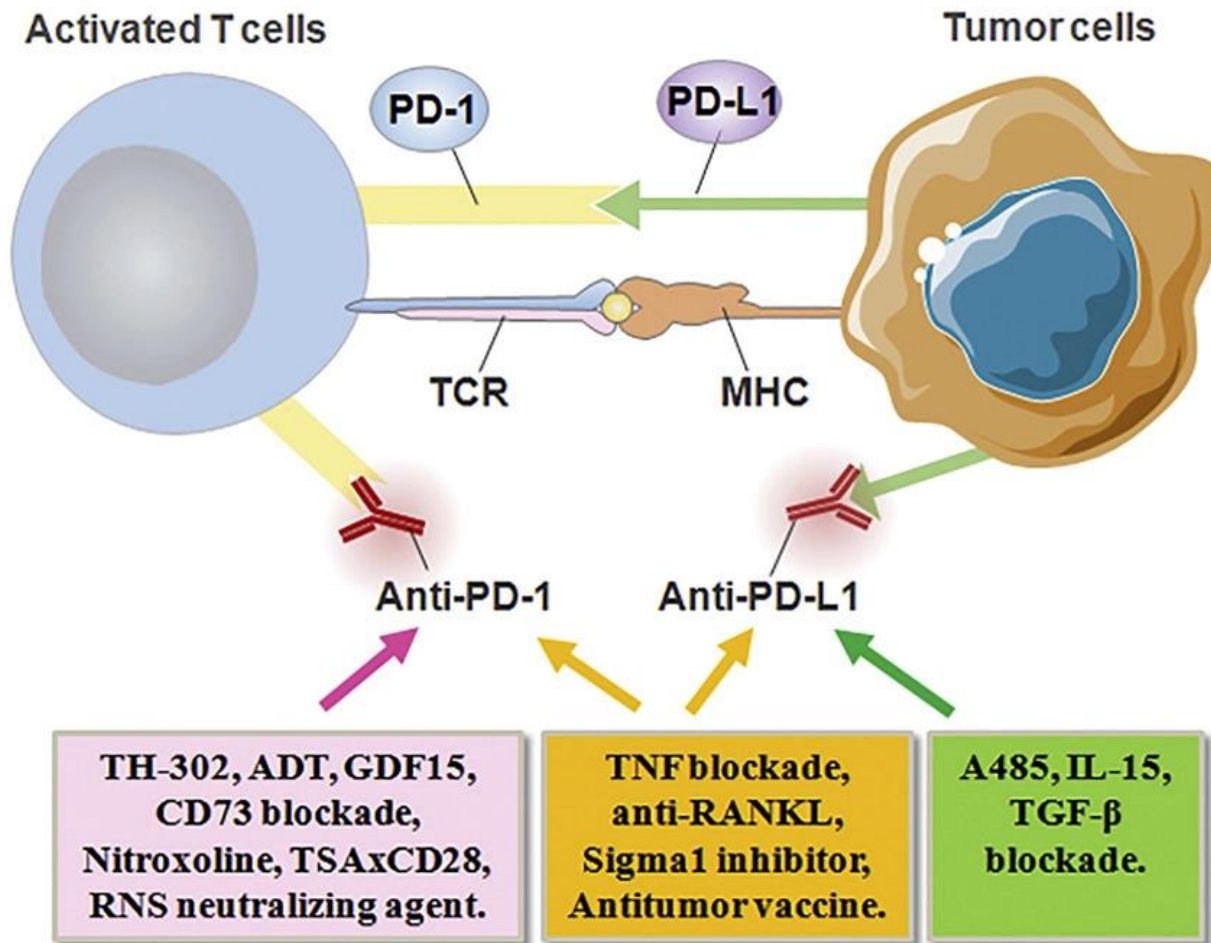
© 2016, Adaptive Biotechnologies. All rights reserved. Source: Cancer Research Institute

Adaptive biotechnologies®

Cancer immunotherapy focuses on boosting or changing the body's own immune system to fight cancer.



# Anti-PD-1/PD-L1 immunotherapy



# Molecular Profiling and Targeted Therapies

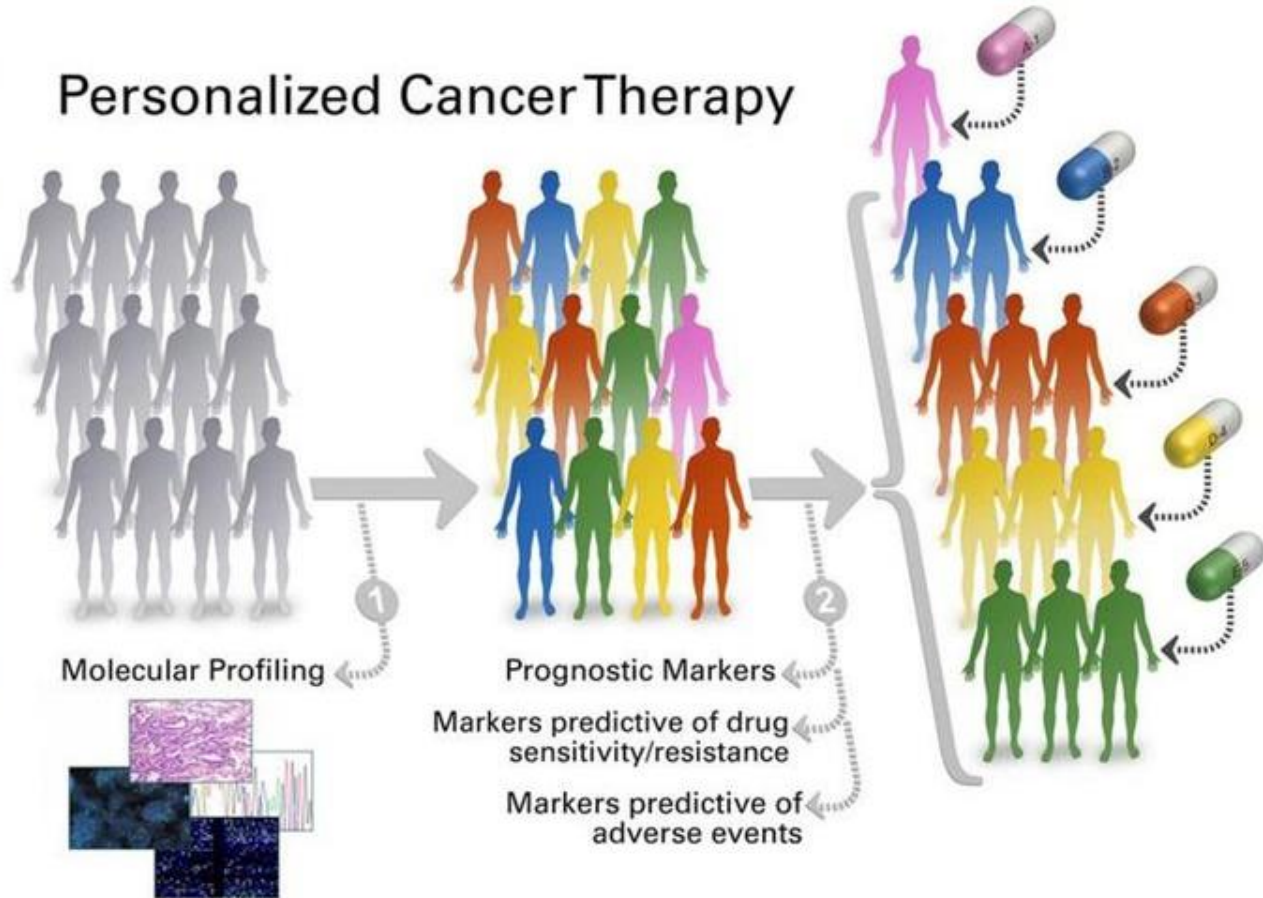
## NATIONAL CANCER INSTITUTE PRECISION MEDICINE IN CANCER TREATMENT

Discovering unique therapies that treat an individual's cancer based on the specific genetic abnormalities of that person's tumor.



[www.cancer.gov](http://www.cancer.gov)

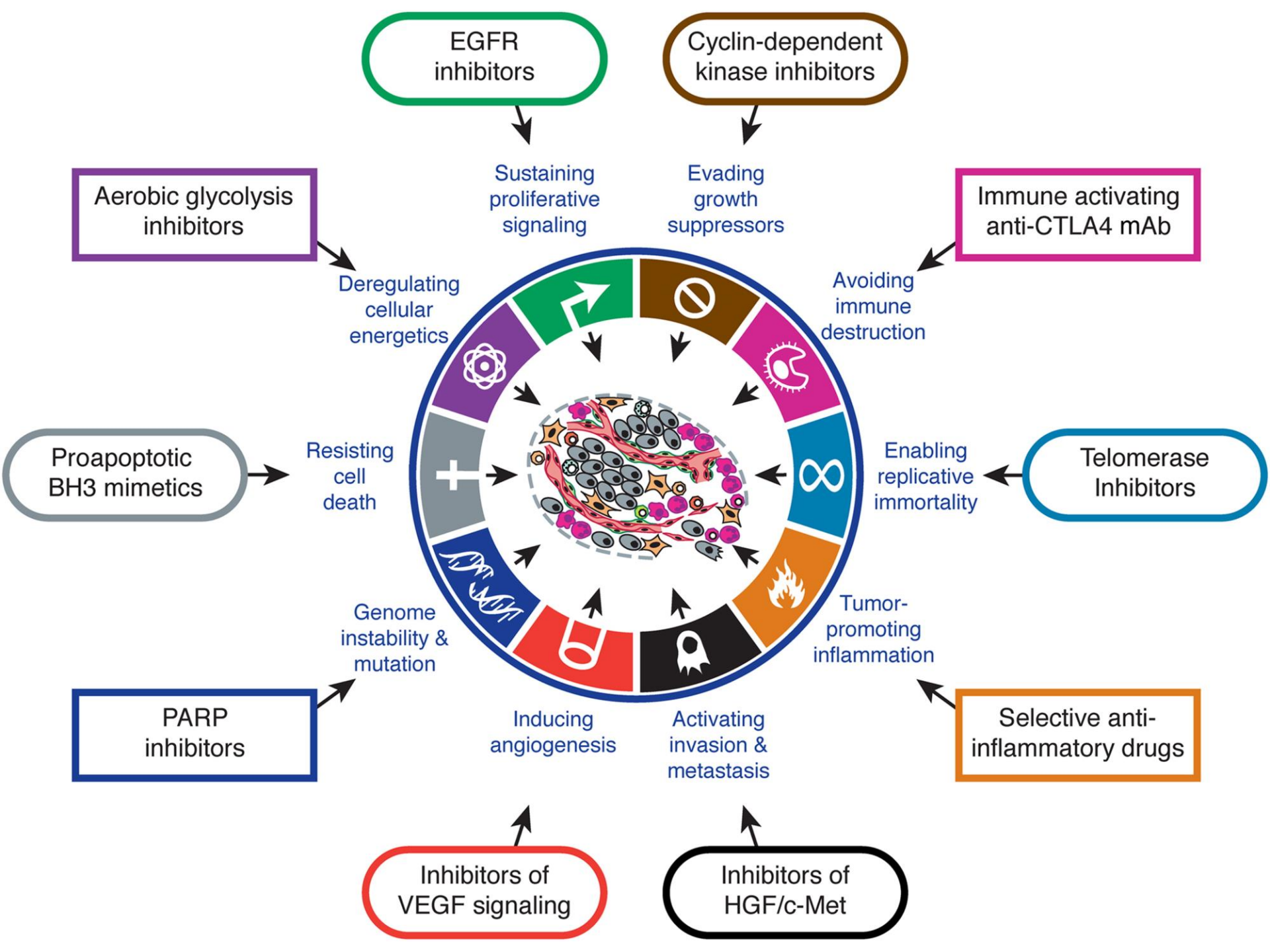
## Personalized Cancer Therapy



The Christie  
NHS Foundation Trust

NHS

MANCHESTER  
1824  
The University of Manchester

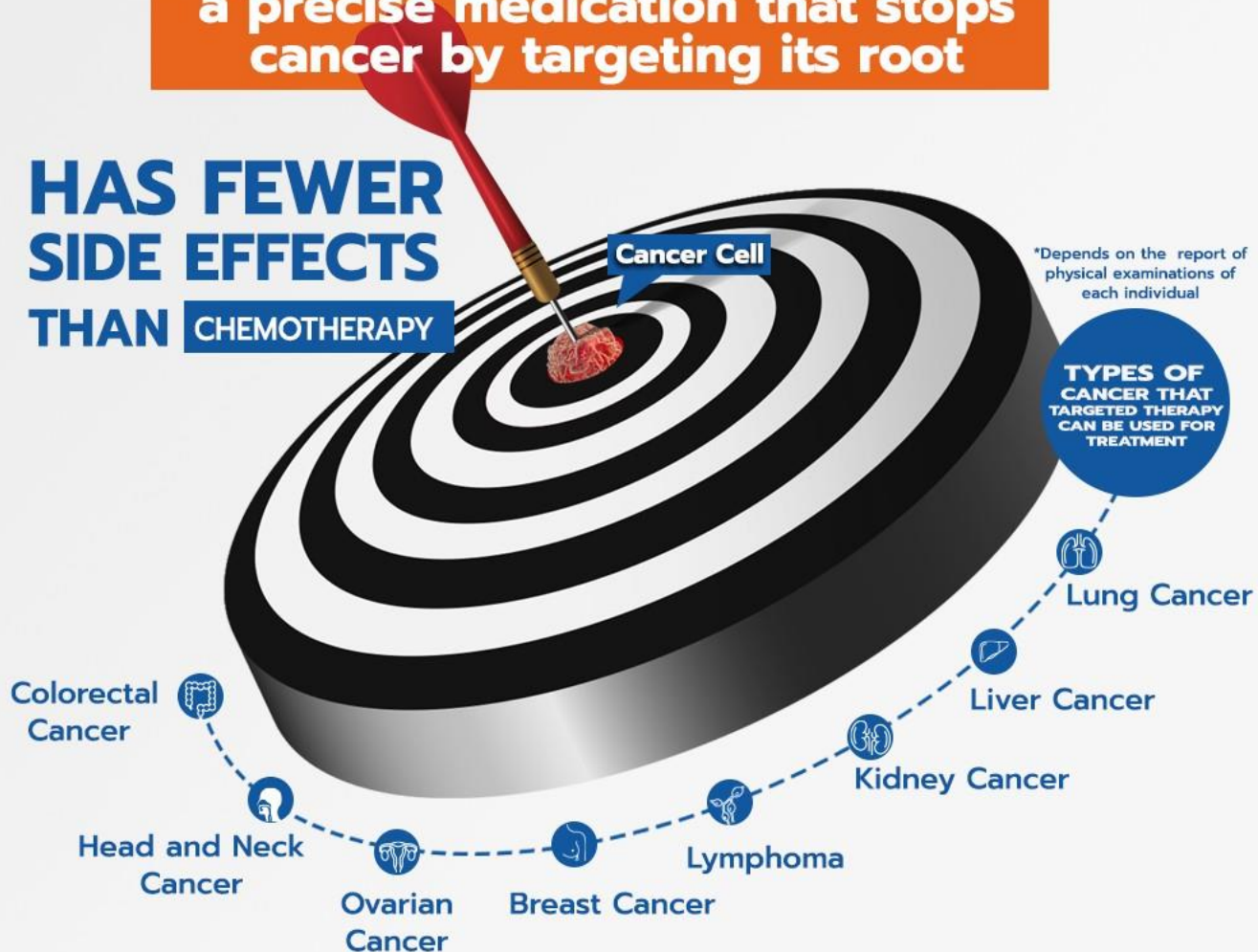


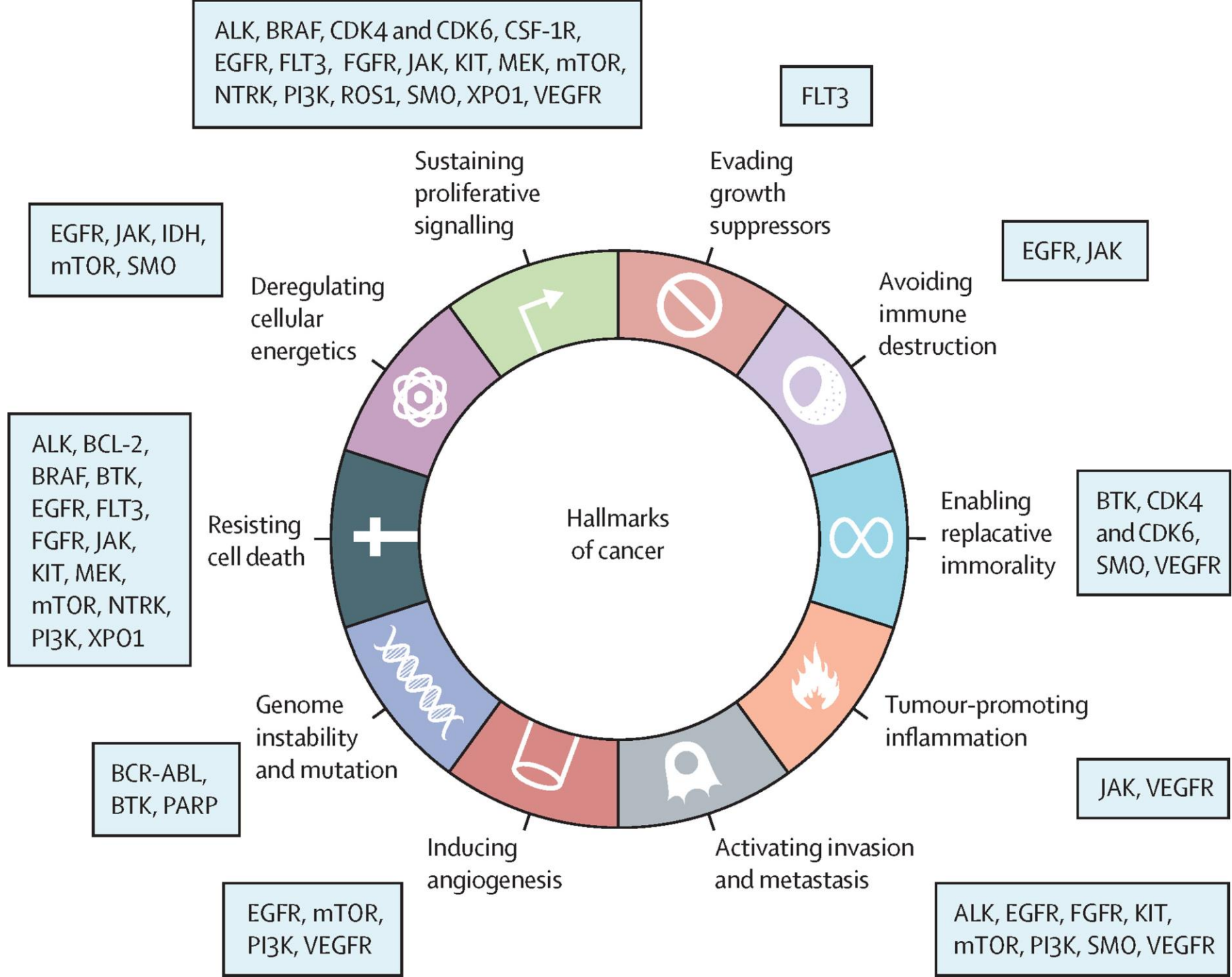


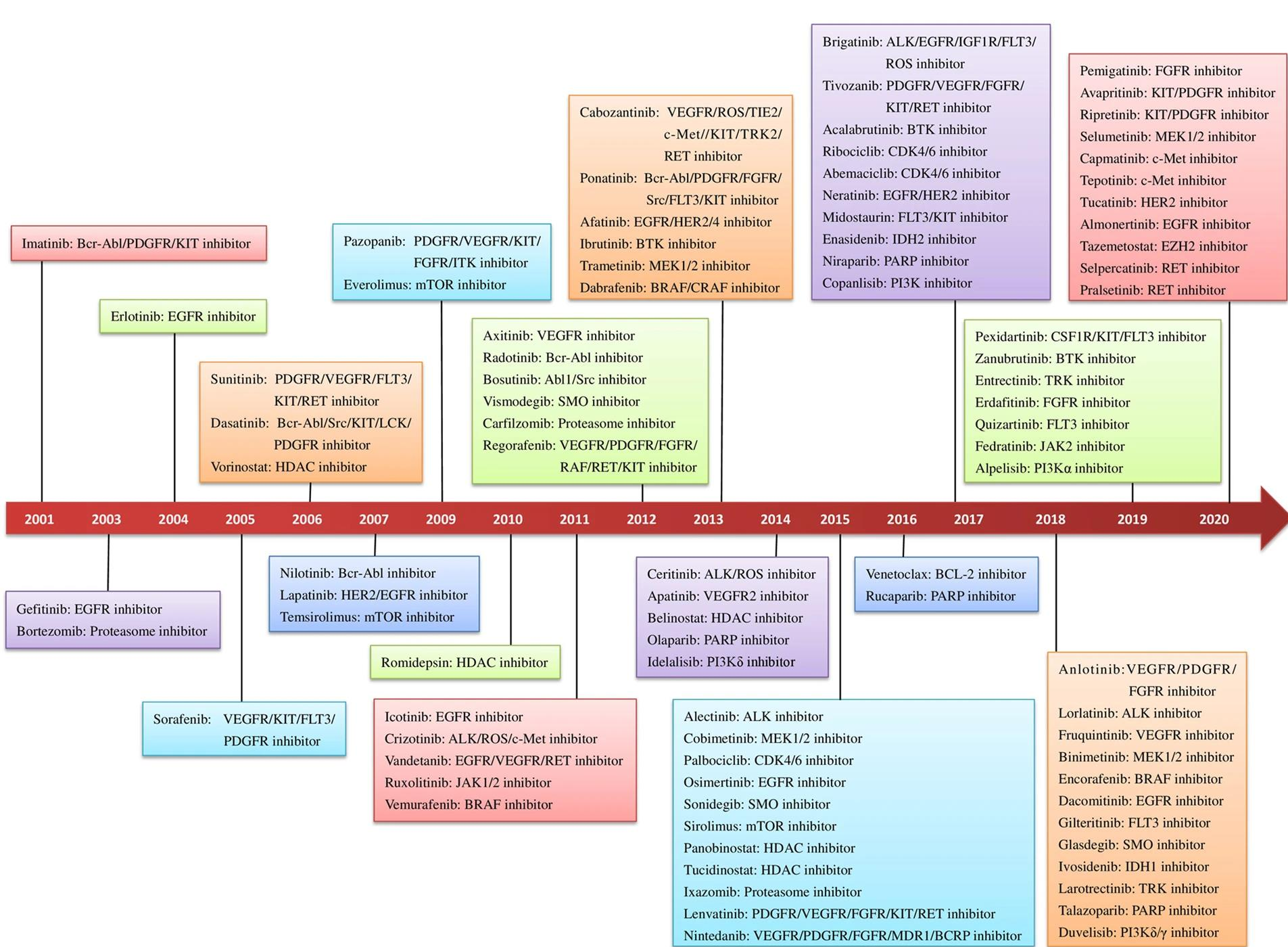
# TARGETED THERAPY

a precise medication that stops cancer by targeting its root

**HAS FEWER  
SIDE EFFECTS  
THAN** **CHEMOTHERAPY**









# The New Era of Targeted Therapy

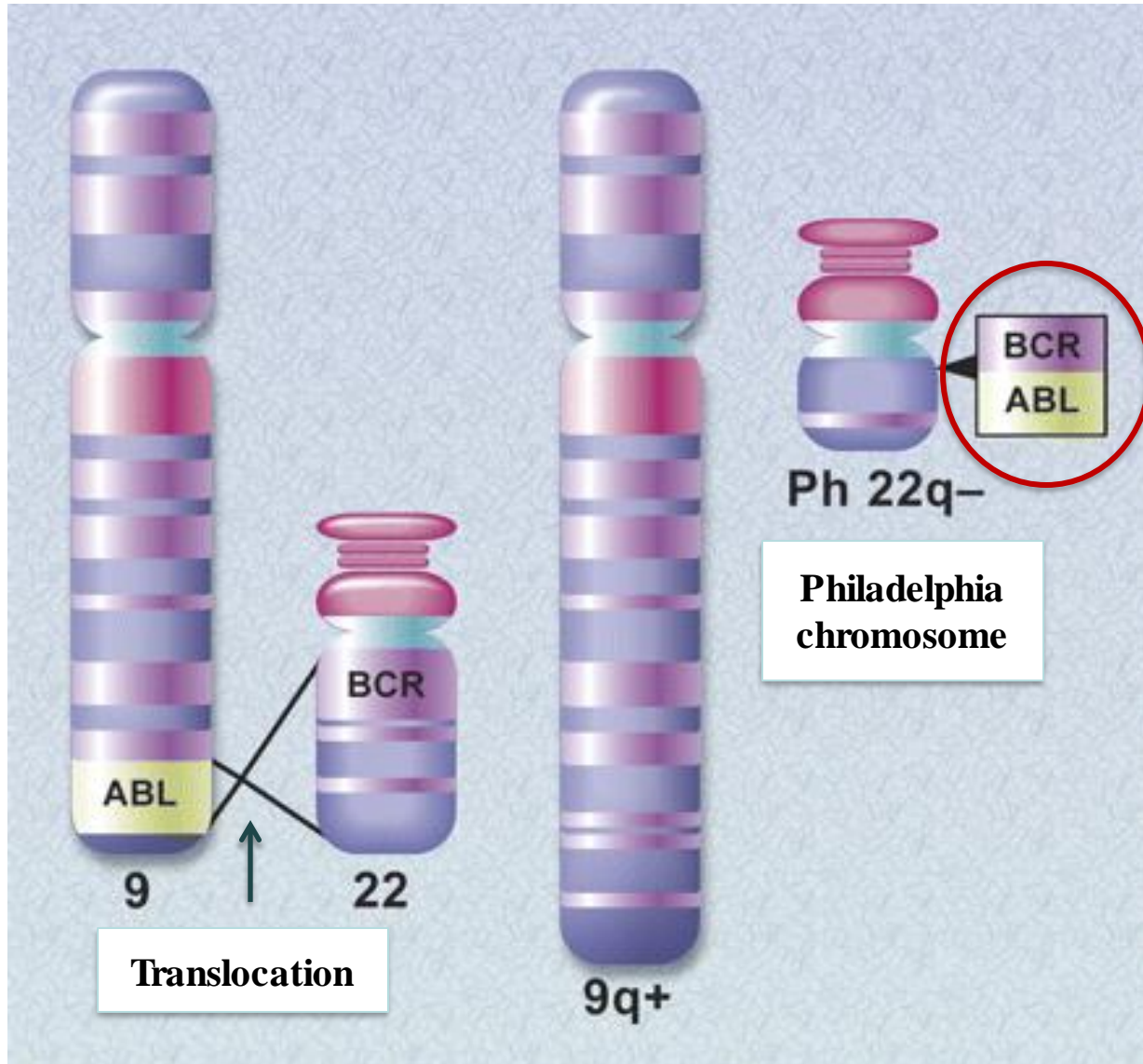


Nicholas Lydon, Novartis

Brian Druker, Oregon Health and science university

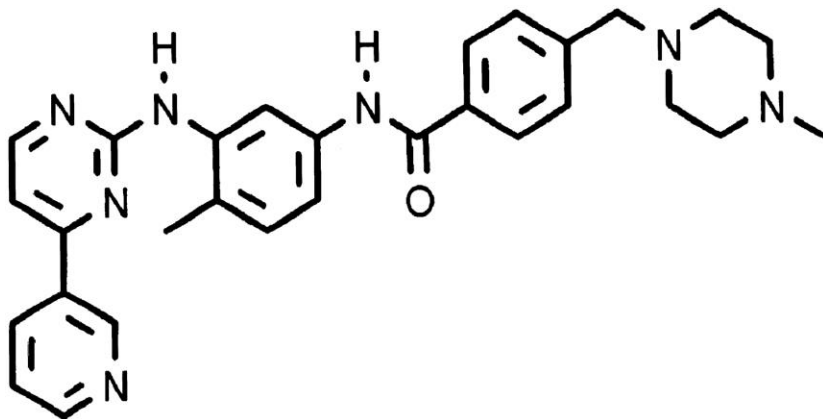
Time, May 2001

# Philadelphia Chromosome



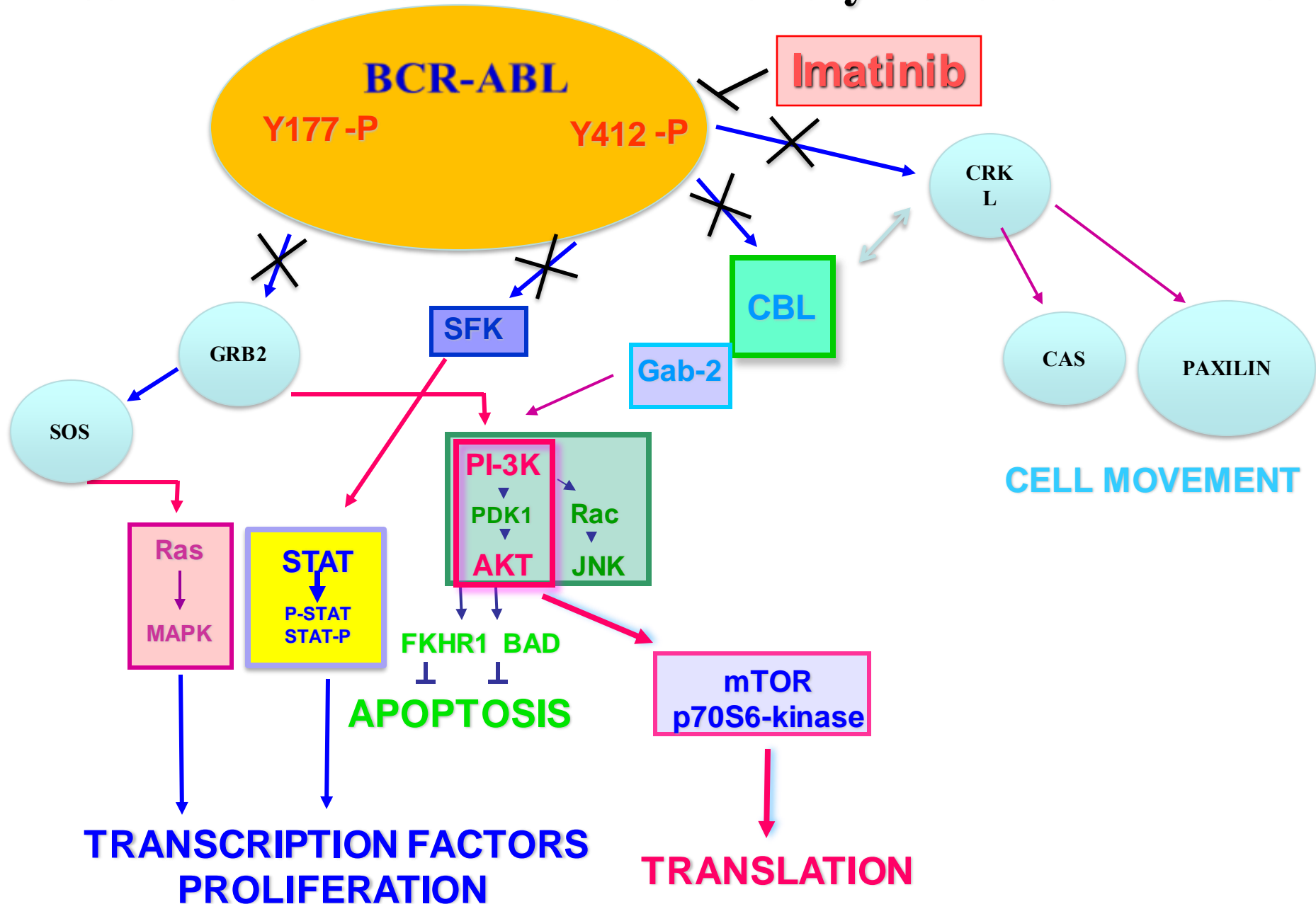
# THE TYROSINE KINASE INHIBITOR

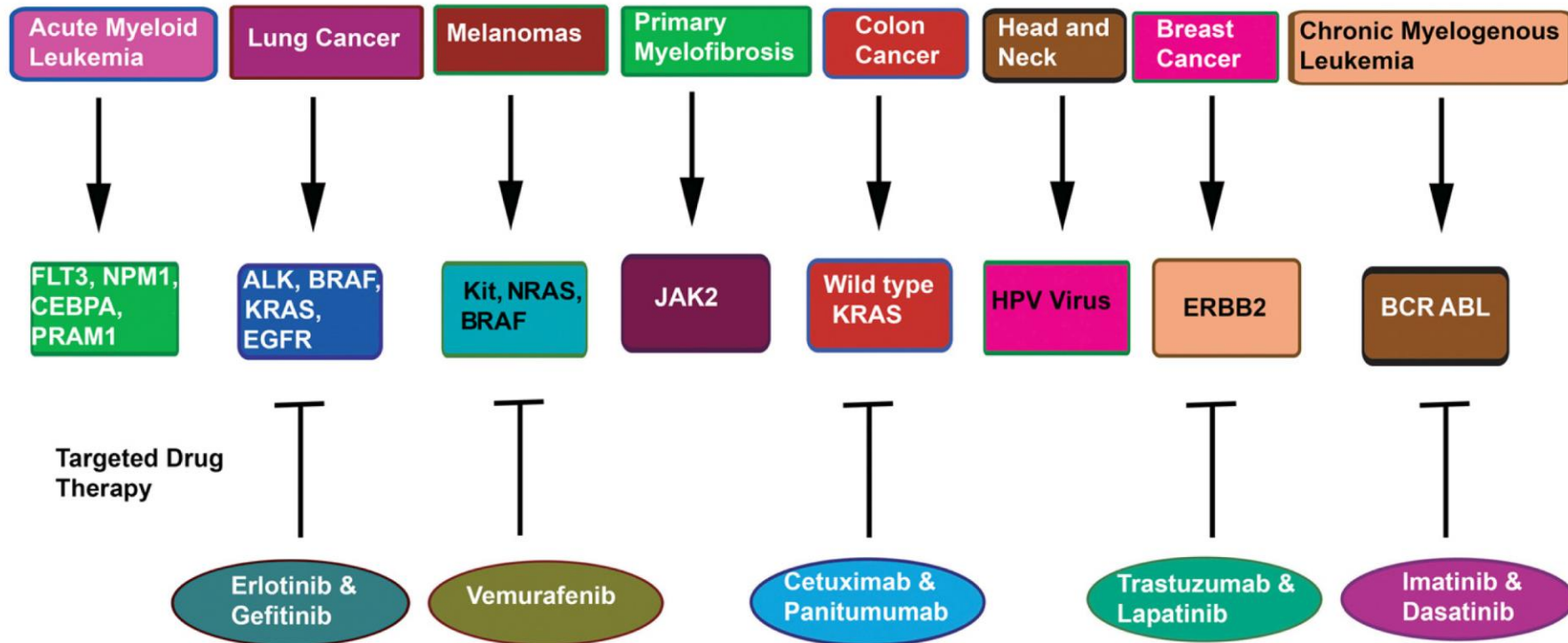
## Imatinib mesylate - STI571 - GLEEVEC



- ☐ specific inhibitor of ABL, KIT and PDGFR
- ☐ is used to treat CML (BCR-ABL) and GIST (KIT)
- ☐ inhibits inactive form of the kinases

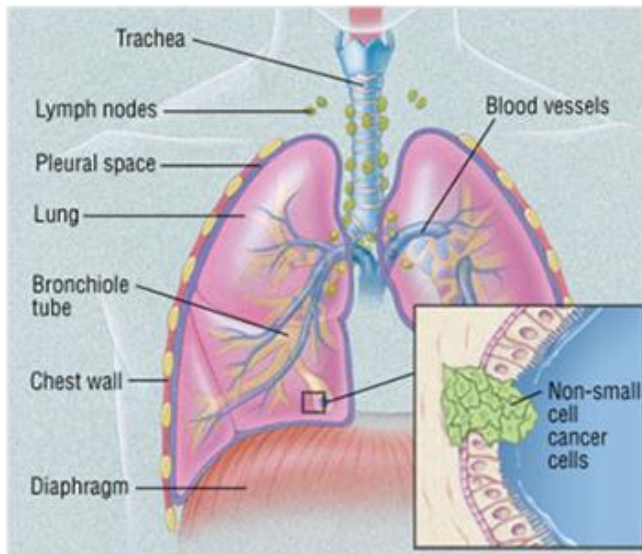
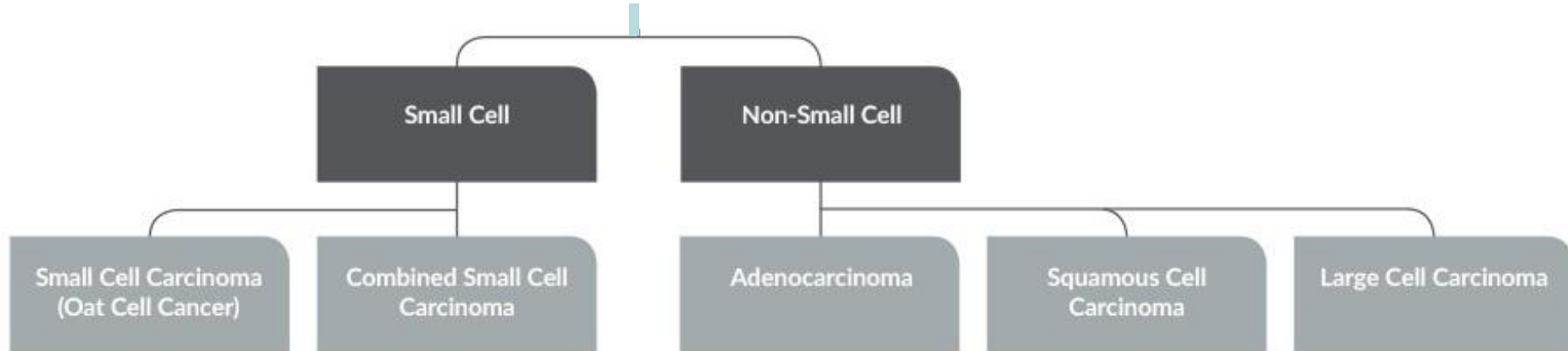
# Mechanism of Bcr-Abl and inhibitory action of imatinib



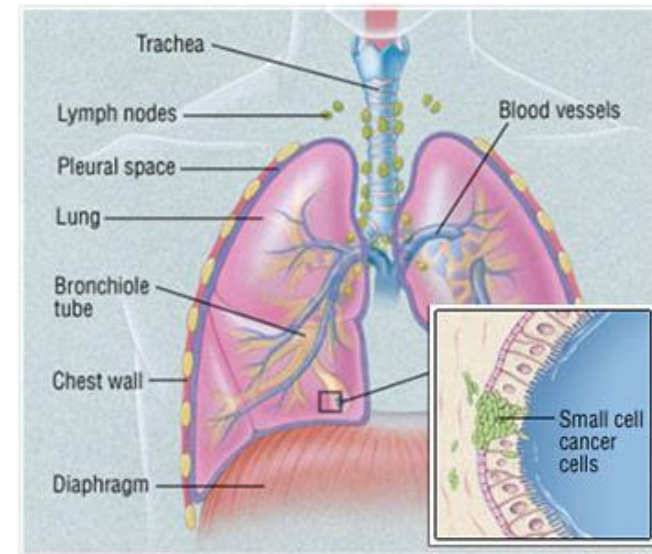




# Two main types of lung cancer



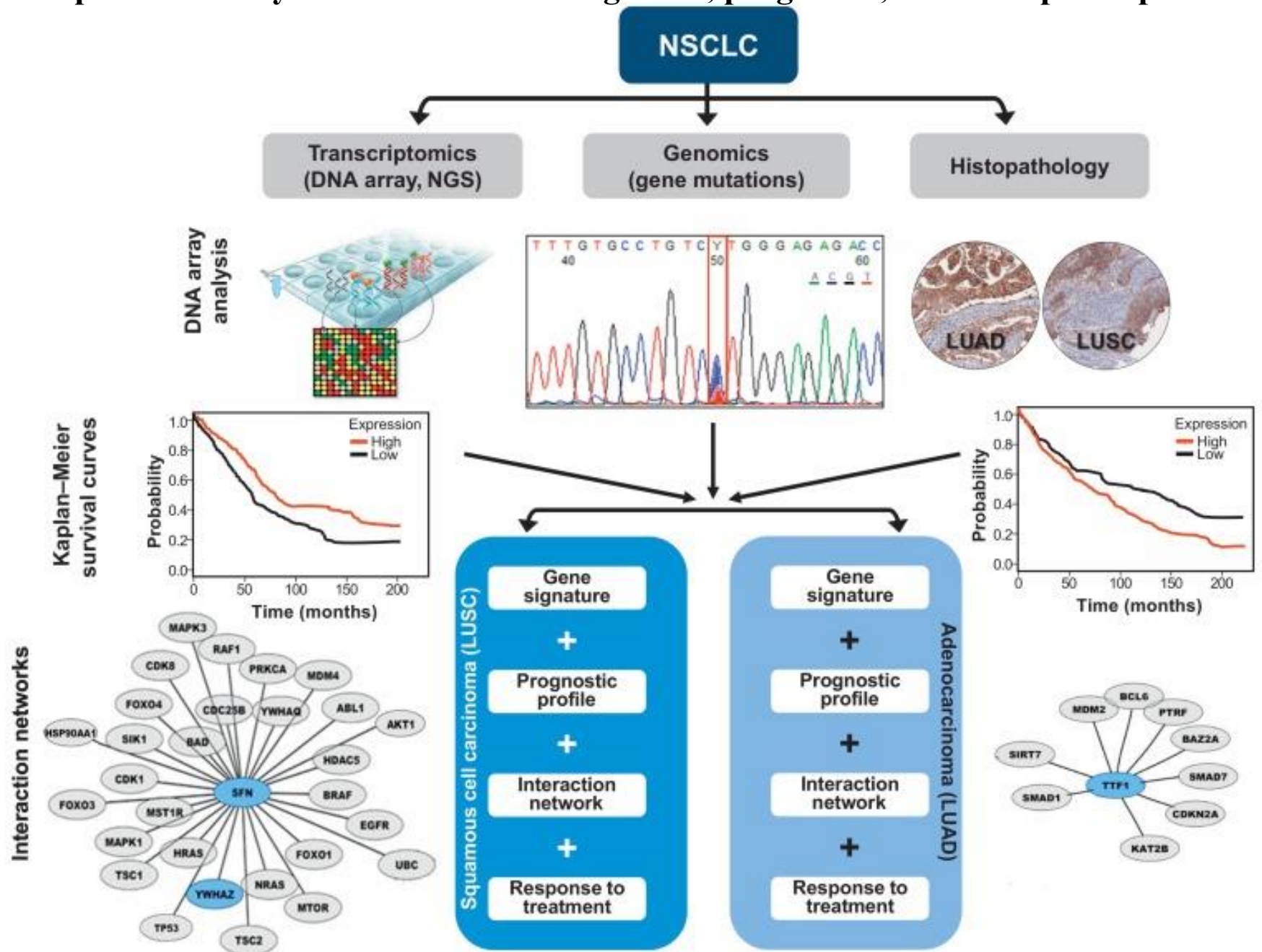
**Non Small Cell Lung Cancer**



**Small Cell Lung Cancer**

- **Small cell lung cancer are typically smaller than the cells of non-small cell lung cancer.**

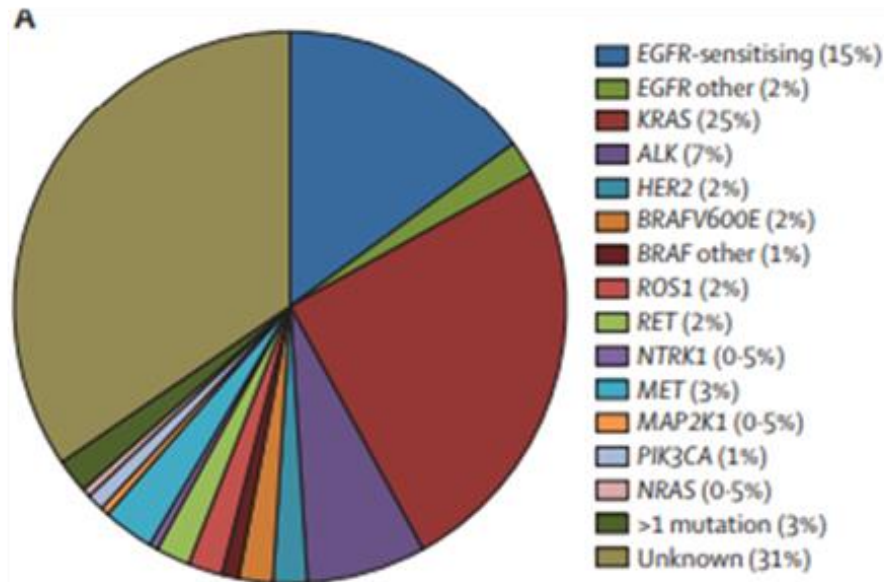
# Comparative analyses of NSCLC for diagnostic, prognostic, and therapeutic procedures



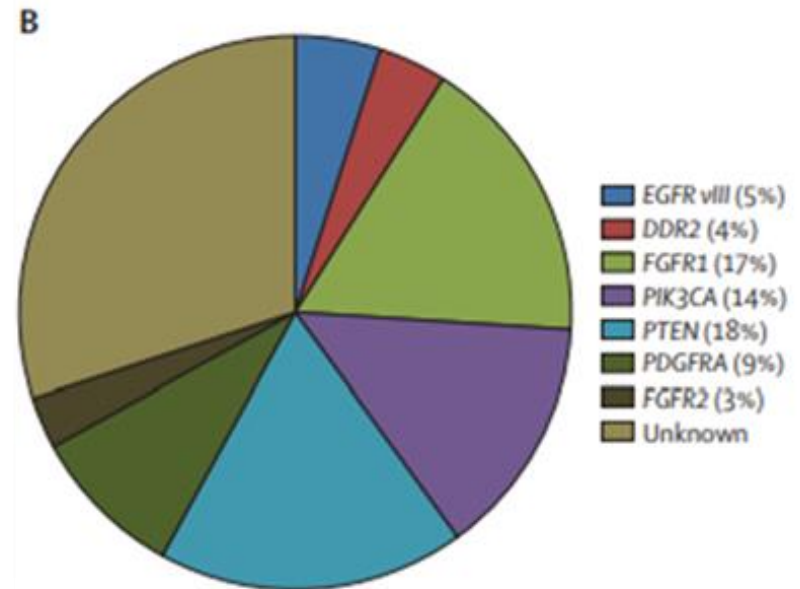
# The Frequency Of Driver and Candidate Mutations in NSCLC Patients

## Evolution of NSCLC Subtyping From Histologic to Molecular-Based

Frequency of driver mutations  
in lung ADC



Frequency of driver mutation  
candidates in lung SCC



# Non-small cell lung carcinomas (advanced stage)

## Squamous cell carcinomas



Never- or light- smokers  
or  
< 50 years-old

**PD-L1**  
expression



**Non-squamous cell carcinomas**  
(AC, tumors with an AC component  
or tumors where an AC cannot be reasonably excluded)



**EGFR**  
mutation



**ALK**  
rearrangement



**ROS1**  
rearrangement



**BRAF V600E**  
mutation





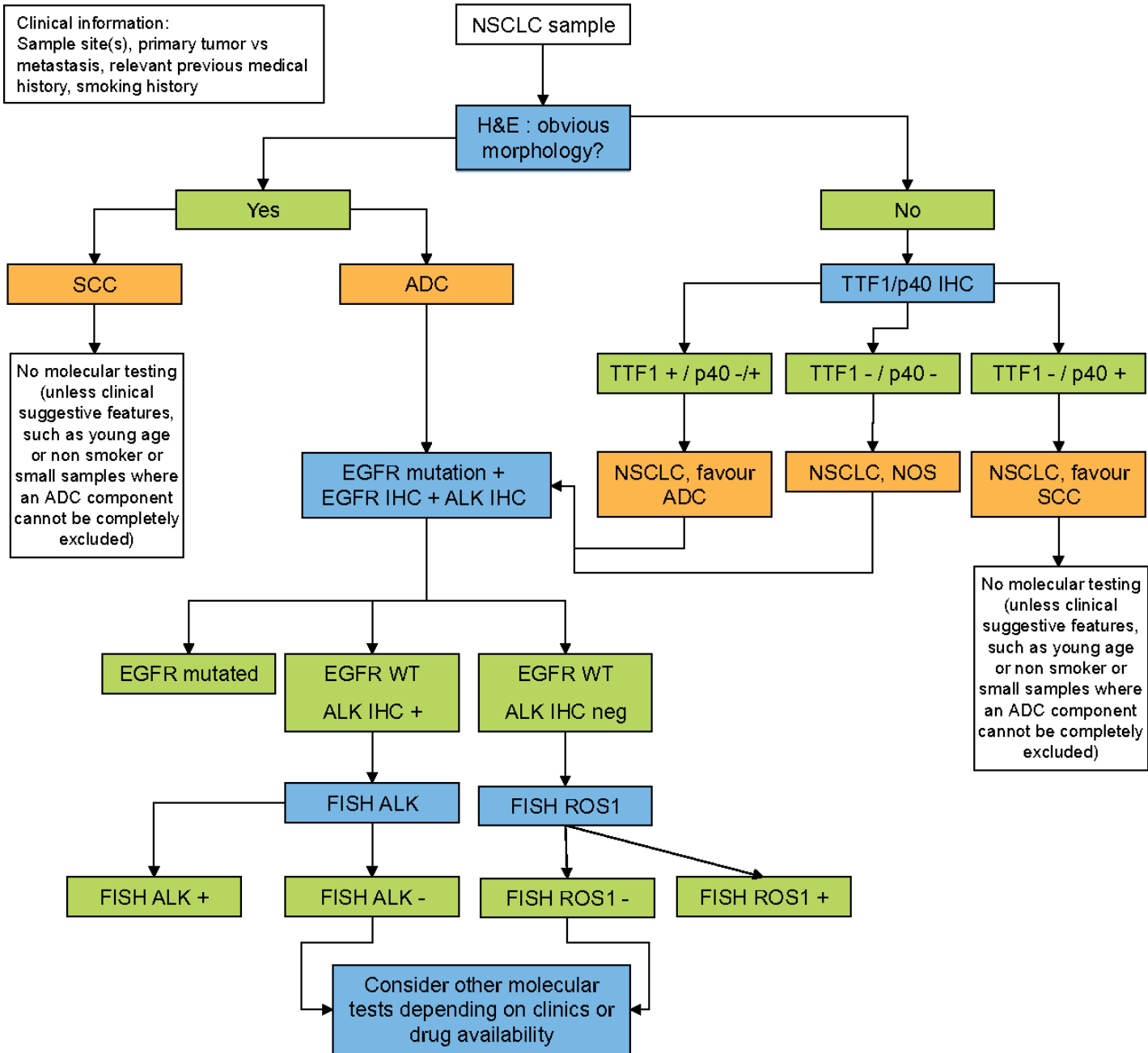
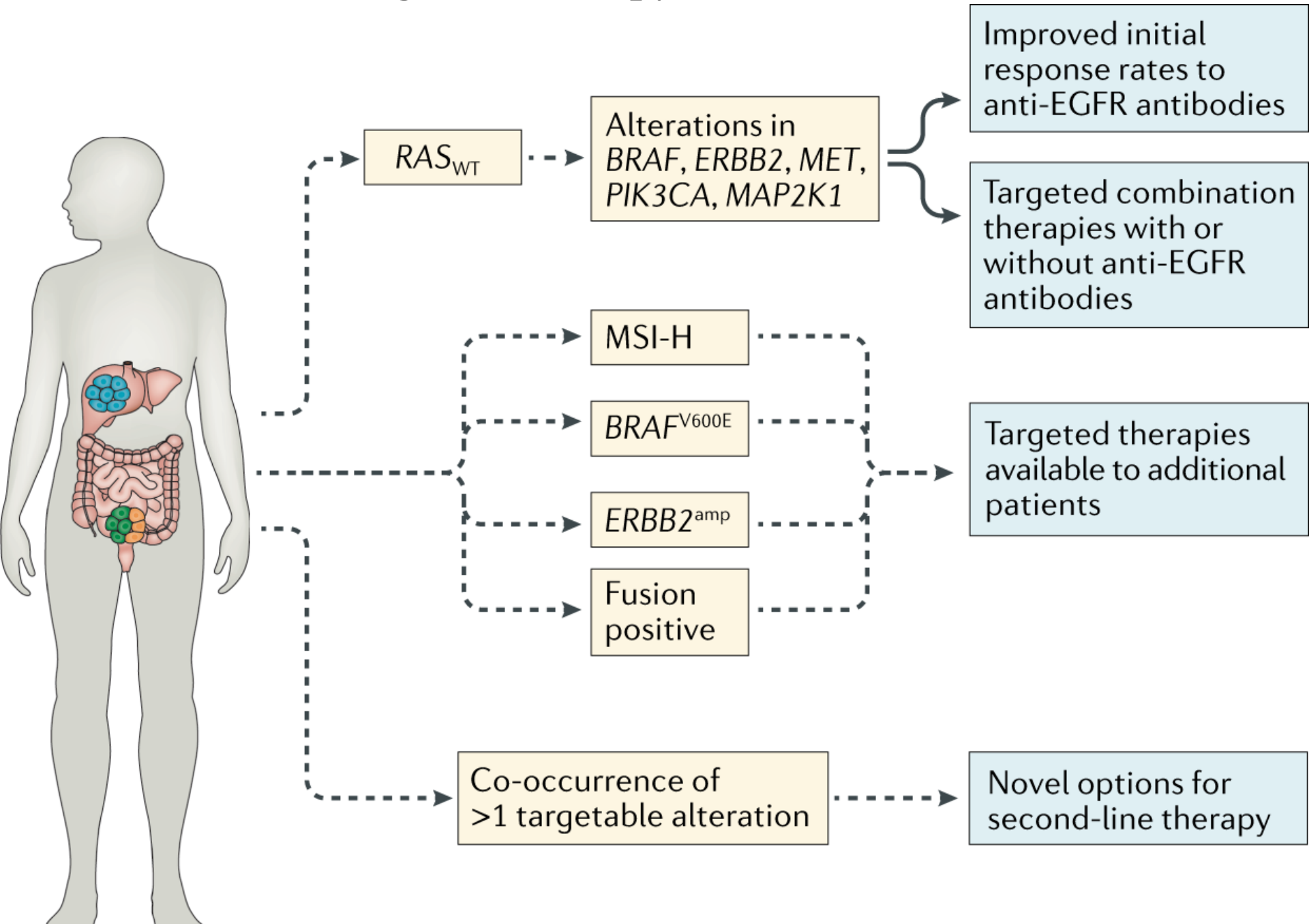


Figure 1. Algorithm for the confirmation of the management of NSCLC samples

# Targeted Therapy for Lung Cancer

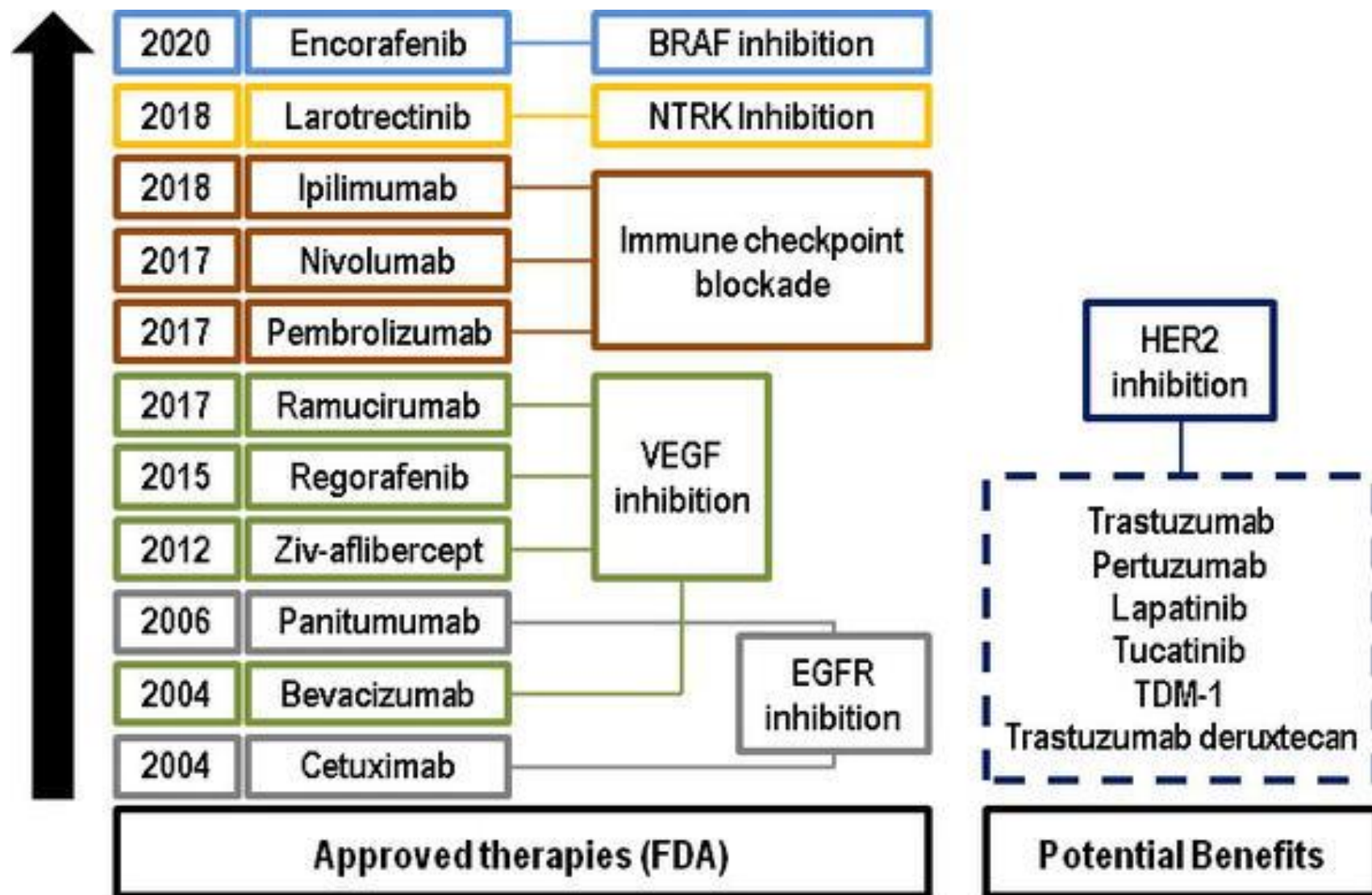
Medication	Indication	Dose	Excretion	Metabolism
Afatinib	<ul style="list-style-type: none"> <li>First-line treatment of patients with metastatic NSCLC with <i>EGFR</i> exon 19 deletions or exon 21 (L858R) substitutions</li> <li>Patients with metastatic squamous NSCLC who have progressed after platinum-based chemotherapy</li> </ul>	40 mg once daily	Feces (85%); urine (4%)	Minimal enzymatic metabolism
Brigatinib	<ul style="list-style-type: none"> <li>Patients with <i>ALK</i>+ metastatic NSCLC who have progressed or are intolerant to crizotinib</li> </ul>	90 mg once daily	Feces (65%); urine (25%)	Hepatic (CYP2C8, CYP3A4)
Erlotinib	<ul style="list-style-type: none"> <li>Patients with <i>EGFR</i>+ metastatic NSCLC with exon 19 deletions or exon 21 (L858R) substitutions receiving first-line, maintenance, or second- or greater-line therapy after progression following at least one prior regimen</li> </ul>	150 mg once daily	Feces (83%); urine (8%)	Hepatic
Gefitinib	<ul style="list-style-type: none"> <li>Patients with first-line metastatic NSCLC who have <i>EGFR</i> exon 19 deletions or exon 21 (L858R) substitutions</li> </ul>	250 mg once daily	Feces (86%); urine (< 4%)	Hepatic
Osimertinib	<ul style="list-style-type: none"> <li>Patients with metastatic NSCLC who have <i>EGFR</i> T790M mutations and have progressed on or after EGFR TKI therapy</li> </ul>	80 mg once daily	Feces (68%); urine (14%)	Hepatic
Crizotinib	<ul style="list-style-type: none"> <li>Patients with metastatic <i>ALK</i>+ or <i>ROS1</i>+ NSCLC</li> </ul>	250 mg twice daily	Feces (63%); urine (22%)	Hepatic (CYP3A4/5)
Ceritinib	<ul style="list-style-type: none"> <li>Patients with <i>ALK</i>+ metastatic NSCLC who have progressed or are intolerant to crizotinib</li> </ul>	750 mg once daily	Feces (92%); urine (1%)	Hepatic

# Biomarker-guided therapy for colorectal cancer





# Landscape of Current Targeted Therapies for Advanced Colorectal Cancer



## Breast Cancer standard Treatment Options

### LOCAL



Surgery



Raditaion

### SYSTEMIC



Hoemone  
therapy

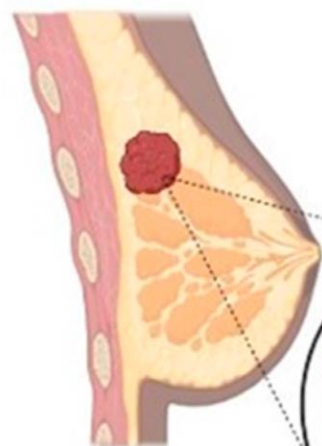


Chemo  
therapy



Targeted  
therapy

## Five Main Intrinsic or Molecular Subtypes of Breast Cancer



### Receptors

HR: Hormone

ER: Estrogen

PR: Progesterone

HER2

**Luminal A (~40%)**  
HR+ (ER+ and/or PR+),  
HER2-

- Most prevalent subtype
- Low levels of Ki-67  
: control cancer cell growth
- Targeted therapy: Tamoxifen

**Normal-like (~2-8%)**  
HR+ (ER+ and/or PR+),  
HER2-

- Low levels of Ki-67  
: control cancer cell growth
- Slightly worse prognosis  
than Luminal A
- Targeted therapy: Tamoxifen

**Luminal B (~20%)**  
HR+ (ER+ and/or PR+),  
HER2+/-

- High levels of Ki-67  
: fast cancer cell growth
- Targeted therapy:  
Tamoxifen

**HER2-enriched  
(~10-15%)**  
HR- (ER-, PR-), HER2+

- Amplification/overexpression  
of receptor HER2
- Faster growth than luminal  
subtypes
- Targeted therapy: Herceptin

**Triple Negative  
(~15-20%)**  
HR- (ER-, PR-), HER2-

- Most aggressive subtype
- Occurs more often in  
younger women
- Highest association to  
BRCA1 mutations

Best Prognosis

Worst  
prognosis

# Targeted Therapy in Breast Cancer

**TABLE 1:** Newer Targeted Therapies for Breast Cancer

Class	Agent(s)	Therapeutic Space
CDK inhibitor	Abemaciclib, palbociclib, ribociclib	Advanced HR-positive, HER2-negative breast cancer
PI3K inhibitor	Alpelisib	Advanced <i>PIK3CA</i> -mutated, HR-positive, HER2-negative breast cancer
PARP inhibitor	Olaparib, talazoparib	Advanced HER2-negative breast cancer with germline <i>BRCA</i> mutation
Tyrosine kinase inhibitor	Tucatinib	Advanced HER2-positive breast cancer
Immune checkpoint inhibitor	Atezolizumab	Advanced triple-negative breast cancer in combination with nab-paclitaxel for tumors that express PD-L1
Antibody-drug conjugate	Ado-trastuzumab emtansine	(1) Advanced HER2-positive breast cancer  (2) HER2-positive early breast cancer for adjuvant treatment of residual invasive disease after neoadjuvant treatment
	Fam-trastuzumab deruxtecan-nxkl	Advanced HER2-positive breast cancer
	Sacituzumab govitecan-hzly	Advanced triple-negative breast cancer

CDK = cyclin-dependent kinase; HR = hormone receptor; PARP = poly (ADP-ribose) polymerase;

PD-L1 = programmed cell death ligand 1.



**FIGURE 4. BREAST CANCER TREATMENT BY STAGE - OVERVIEW<sup>1,2,6</sup>**

Stage 0 Noninvasive	Step 1: <b>Surgery</b> (BCS or mastectomy) +/- <b>SLNB</b> Step 2: If BCS was performed, <b>radiation</b> therapy will usually follow Step 3: Tamoxifen (any woman) or aromatase inhibitor (postmenopausal women) if HR+
Stage I & II	Step 1: <b>Surgery + SLNB</b> or <b>ALND</b> Step 2: <b>Radiation</b> therapy if BCS, tumors > 2 cm, or positive lymph nodes Step 3: <b>Adjuvant<sup>a</sup> chemotherapy</b> if lymph node involvement, if no lymph node involvement but risk for recurrence, or tumor > 1 cm + Hormone therapy if HR+ + Trastuzumab or pertuzumab x 12 months if HER2+
Stage III	Step 1: <b>Neoadjuvant<sup>b</sup> chemotherapy</b> + Trastuzumab +/- pertuzumab HER2+ Step 2: <b>Surgery + ALNB</b> Step 3: <b>Adjuvant radiation + chemotherapy</b> + Hormone therapy if HR+ + Trastuzumab or pertuzumab x 12 months if HER2+
Stage IV Metastatic	<b>Systemic treatment</b> combinations until cancer growth/intolerable adverse effects: Chemotherapy + Hormone therapy +/- CDK4/6 inhibitor, everolimus, PI3K inhibitor if HR+ + Trastuzumab +/- pertuzumab if HER2+ + Local treatment and immunotherapy in some cases <b>Palliative care:</b> improve symptoms, prolong life, and often shrink tumors

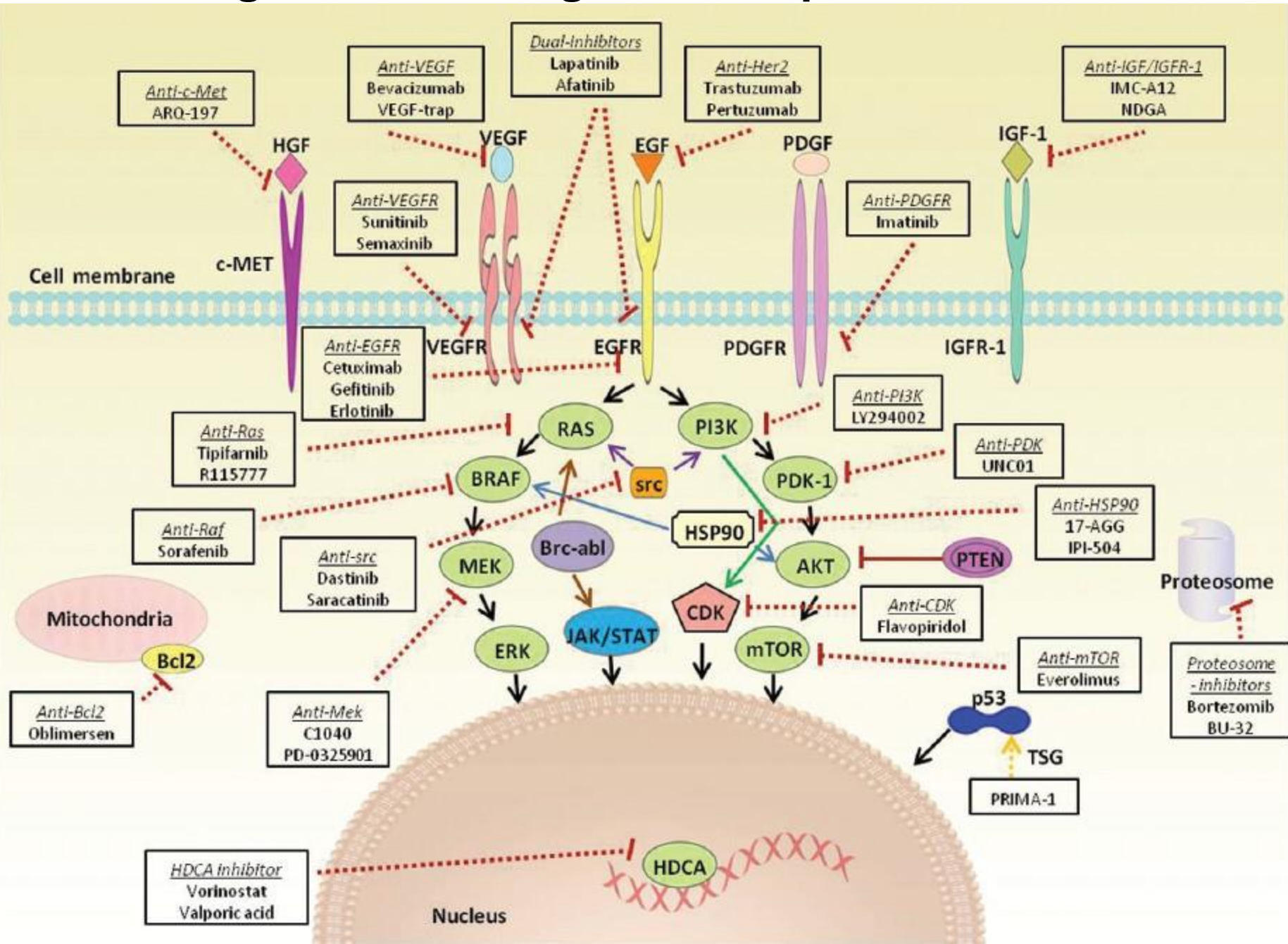
ALNB, axillary lymph node biopsy; ALND, axillary lymph node dissection; BCS, breast-conserving surgery; HR, hormone receptor; SLNB, sentinel lymph node biopsy.

<sup>a</sup>Adjuvant refers to after surgery.

<sup>b</sup>Neoadjuvant refers to before surgery.

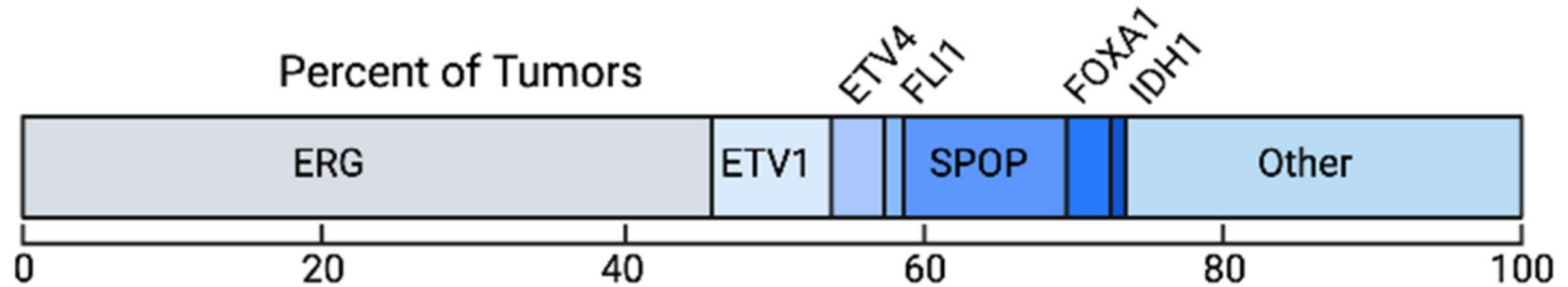


# Promising molecular targeted therapies in breast cancer



# Current Molecular Profile of Prostate Tumors

## Seven Main Molecular Subtypes of Primary Prostate Cancer



### ETS Fusion-positive

**ERG (~46%)**

**ETV1 (~8%)**

**ETV4 (~4%)**

**FLI1 (~1%)**

### ETS Fusion-negative

**SPOP mutant (~11%)**

**FOXA1 mutant (~3%)**

**IDH1 mutant (~1%)**

**Other (~26%)**

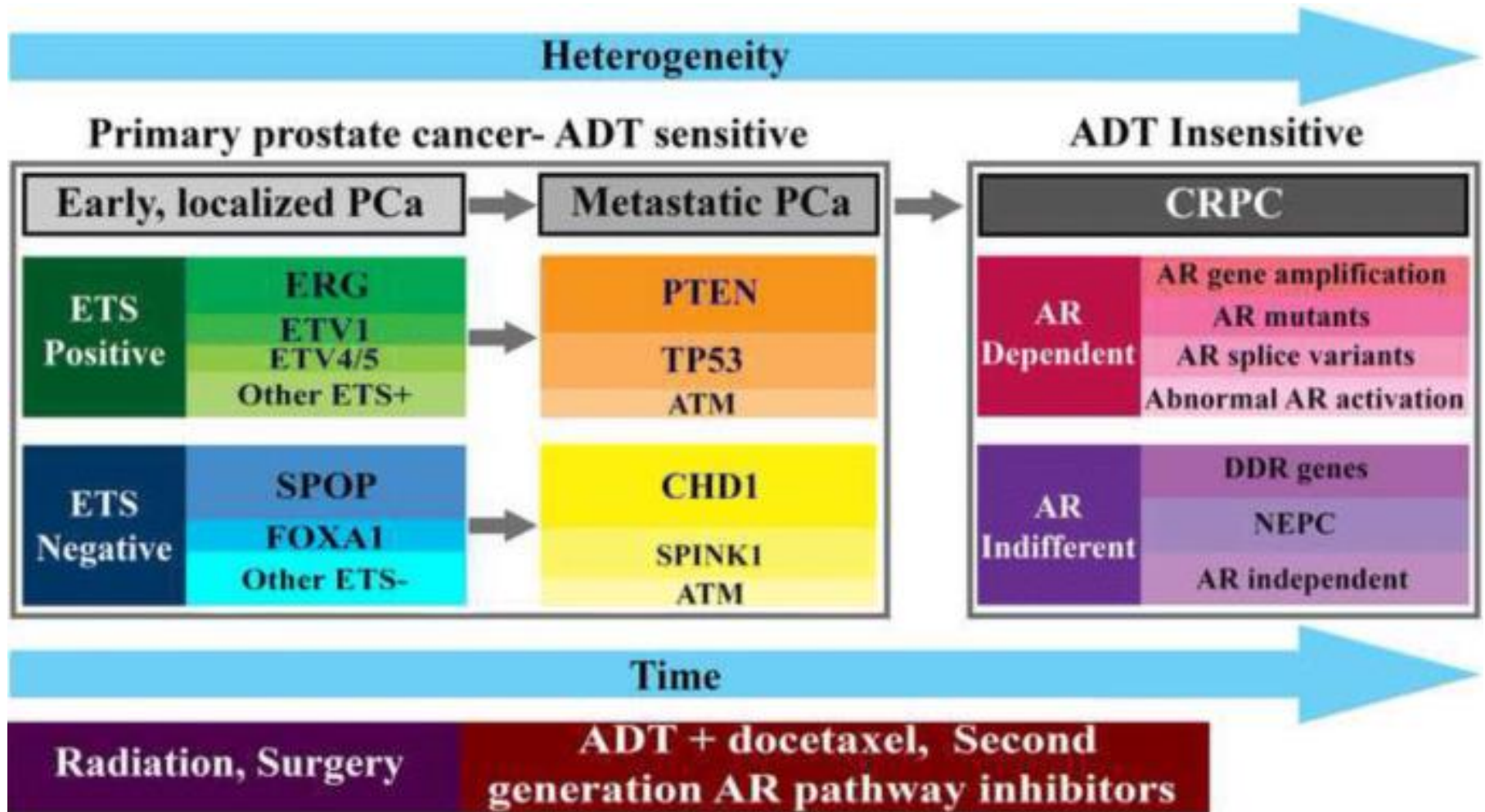
- High levels of AR-induced transcripts

- High levels of AR-induced transcripts

- Genome-wide DNA hypermethylation

- Clinically and genomically heterogeneous

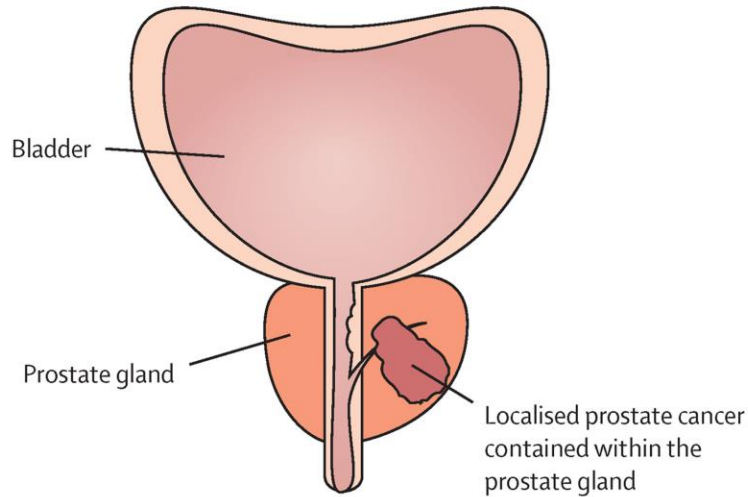
# Current Molecular Profile of Prostate Tumors





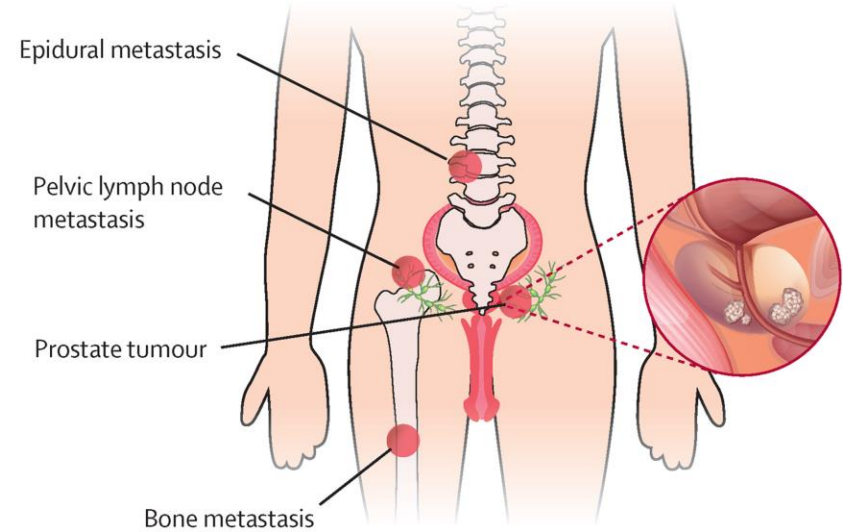
Genetic prognostic or predictive assays

**RNA signatures**  
DECIPHER  
Prolaris  
OncotypeDx prostate  
Markers of hypoxia



**DNA repair**  
Mutations  
Functional assays

**ctDNA or CTCs**  
AR-V7  
Epigenetic changes



Curable disease

Currently incurable disease

Castration-sensitive prostate cancer

mCSPC

Castration-resistant prostate cancer

mCRPC CRPC-NE

Indolent  
low risk

Intermediate  
or high risk

Intermediate or  
high risk plus  
occult metastases

Micro metastatic

Macro metastatic

Somatic genetic changes

**SPOP**  
Mutation

**FOXA1\***  
Mutation

**PTEN**  
Mutation  
10q deletion

**TP53**  
Mutation  
17p deletion

**AR**  
Amplification  
Mutation  
Overexpression  
Increased signalling

**RB1**  
Mutation  
13p deletions

**Gene fusions**  
(eg, *TMPRSS2-ERG*)

**MYC**  
Overexpression  
8q gain or amplification

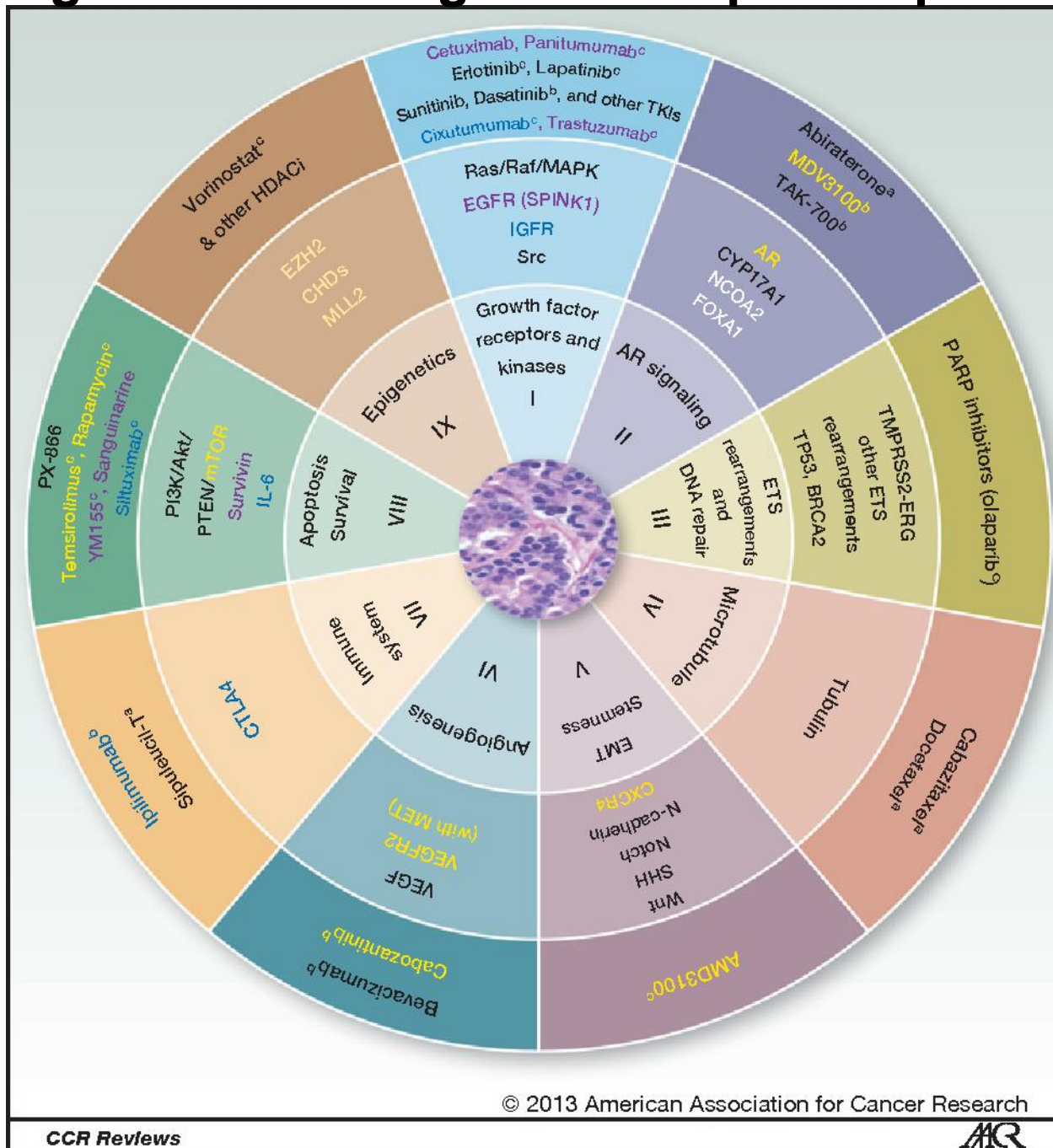
**BRCA2**  
Mutation  
13q deletion

# Prostate cancer treatment

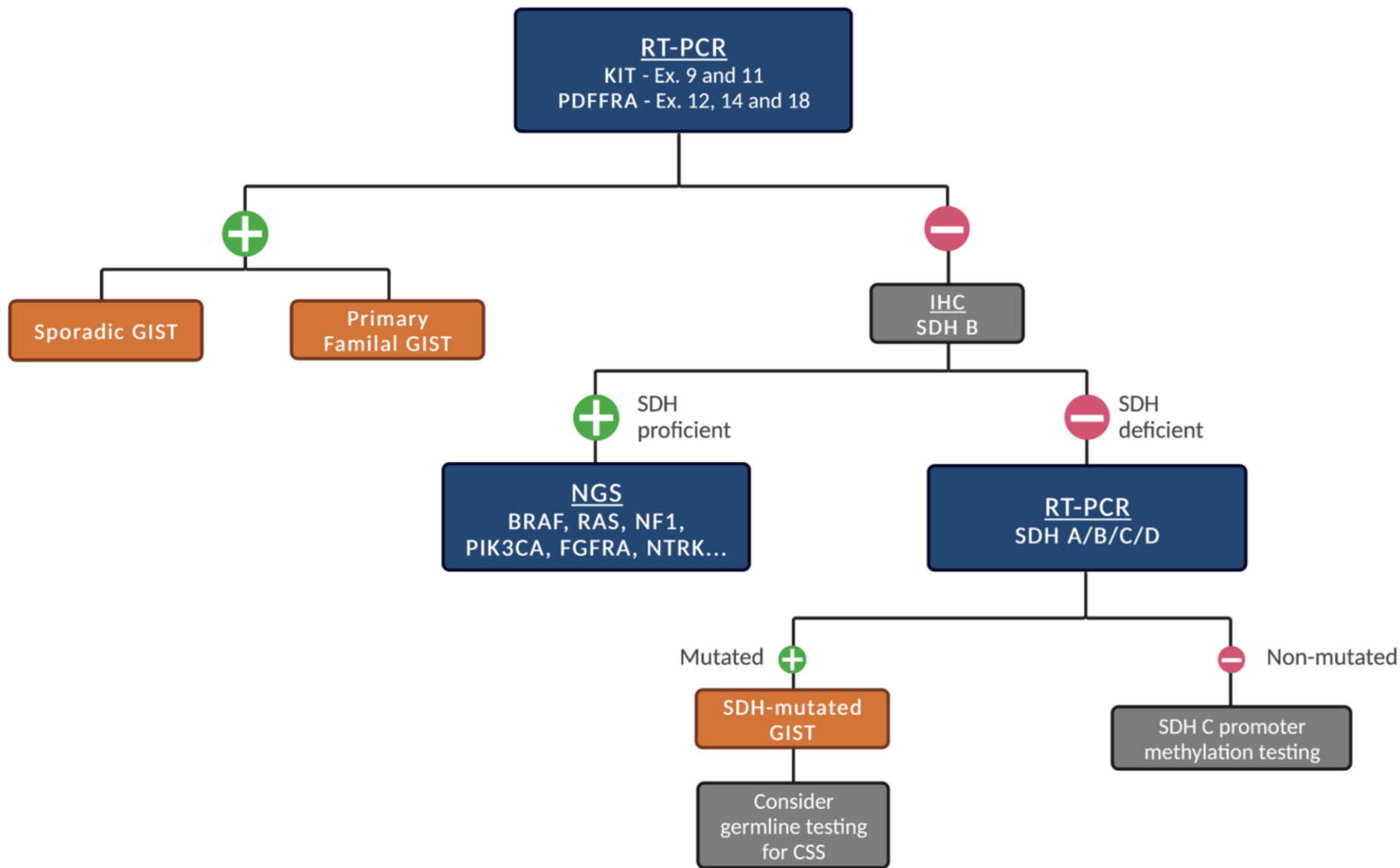
Stage	Management or treatment options
<b>Localised</b>	Active surveillance, surgery or radiation therapy are usually offered. Watchful waiting may be an option.
<b>Locally advanced</b>	Active surveillance is not recommended and you will be offered surgery and/or radiation therapy. Androgen deprivation therapy (ADT) may also be suggested.
<b>Advanced/ metastatic (at diagnosis)</b>	Usually offered androgen deprivation therapy (ADT), sometimes chemotherapy or radiation therapy. Watchful waiting may be an option. Newer treatments may be available as part of a clinical trial.



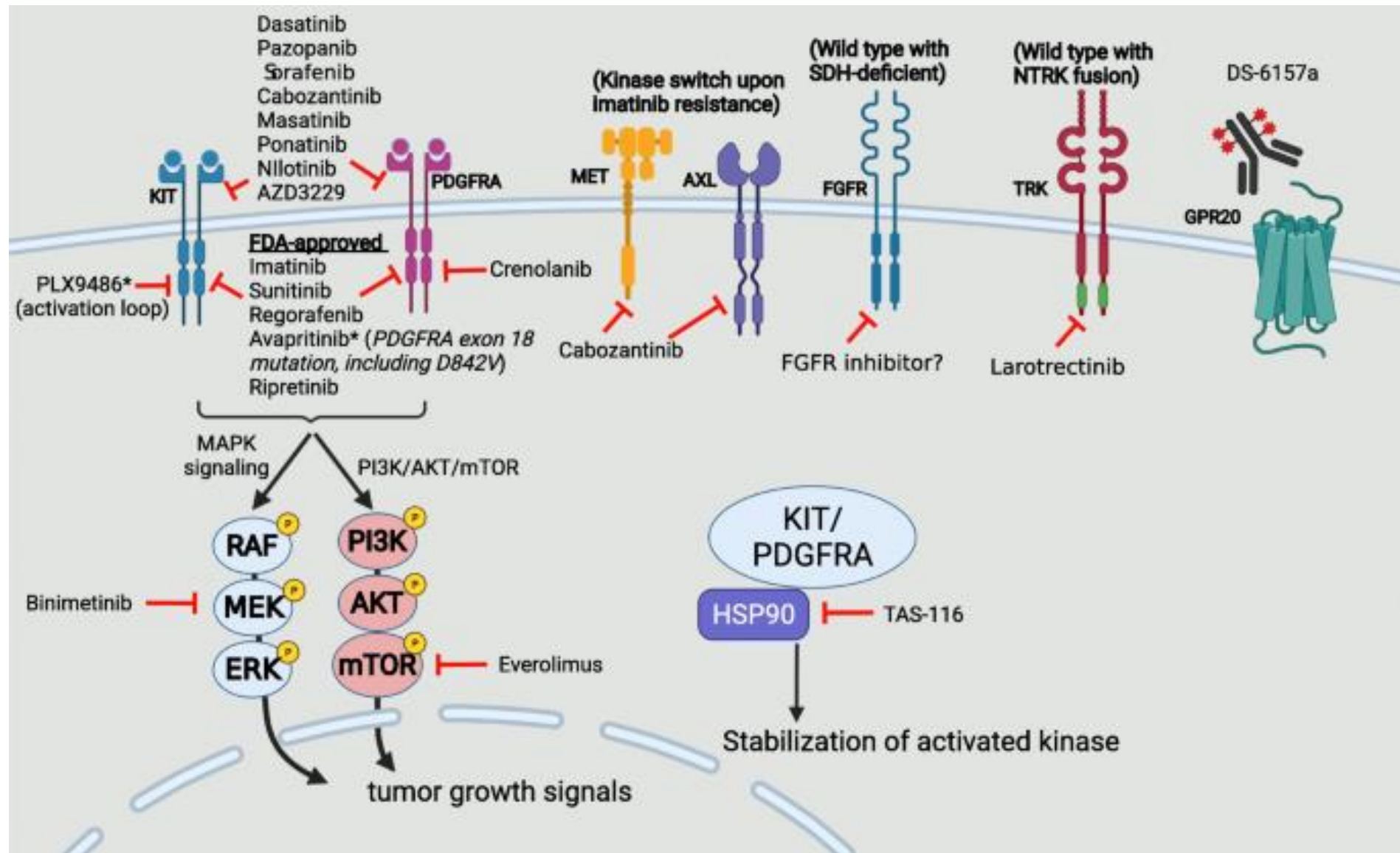
# Promising molecular targeted therapies in prostate cancer



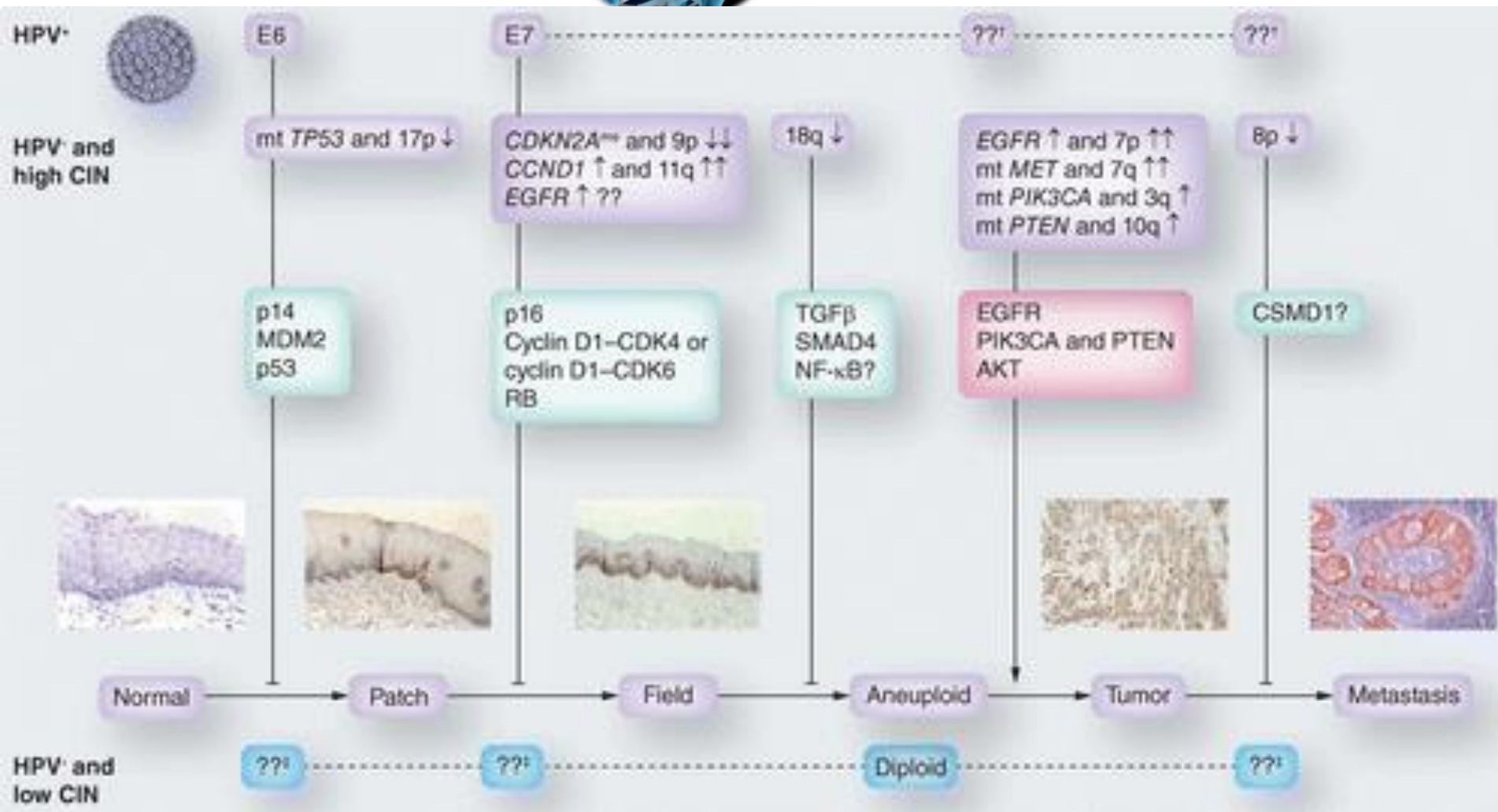
# Current Molecular Profile of Gastrointestinal Stromal Tumors



# Systemic Therapy for Gastrointestinal Stromal Tumor

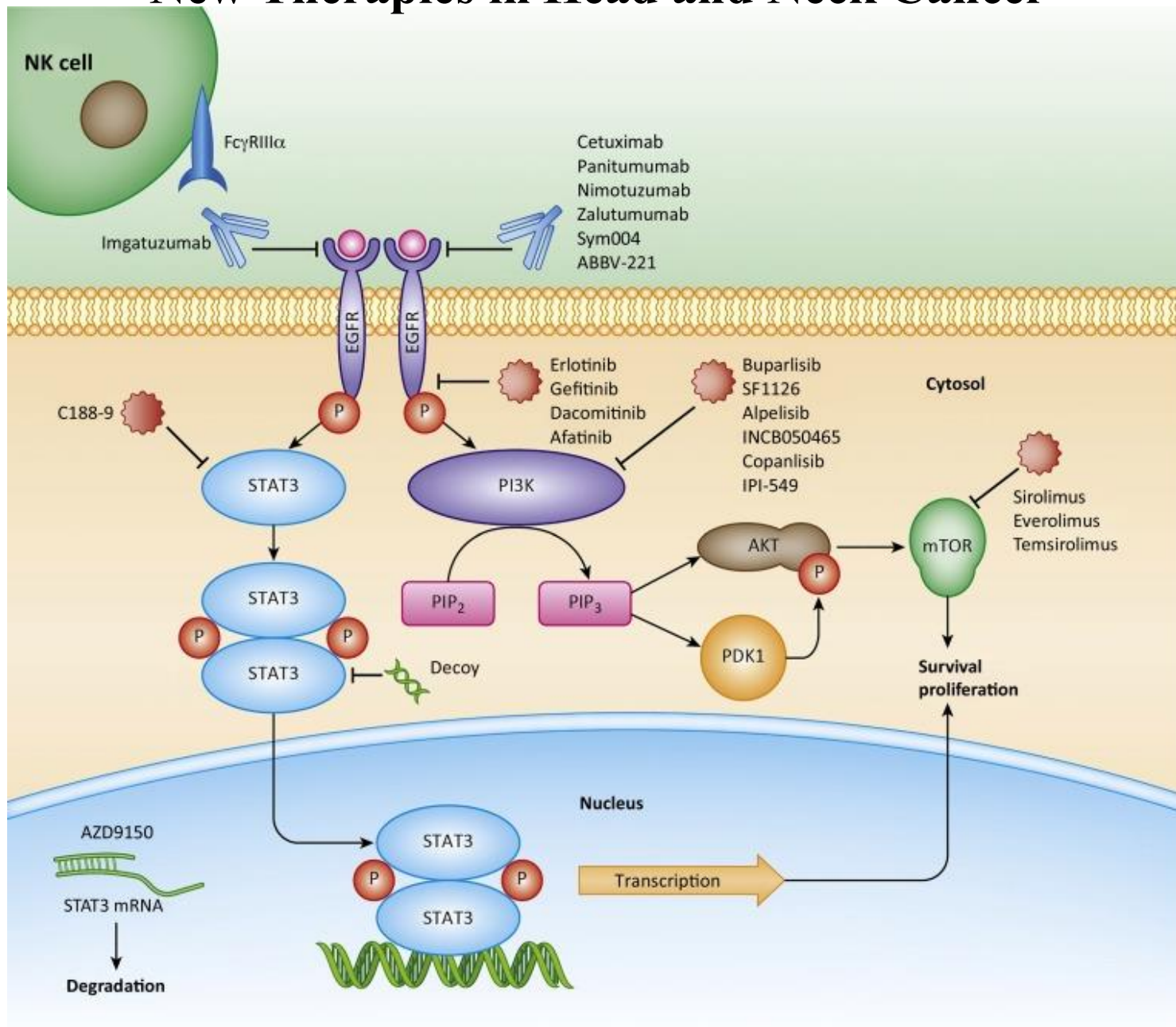


# Molecular diagnostics of head and neck cancer





# New Therapies in Head and Neck Cancer





# How Molecular Profiling Works

## Cancer of Unknown Primary (CUP)

Definition

Epidemiology

Biology and Genetics

Clinicopathologic Workup

## Molecular Profiling of CUP

Gene Expression

- RT-PCR
- Microarray
- RNA-sequencing
- MicroRNA

Somatic Mutations

- Next-generation sequencing

Epigenomics

- DNA methylation

## Clinical Applications

Prognostic and Therapeutic Biomarkers

- Tissue of origin-specific
- Target-based

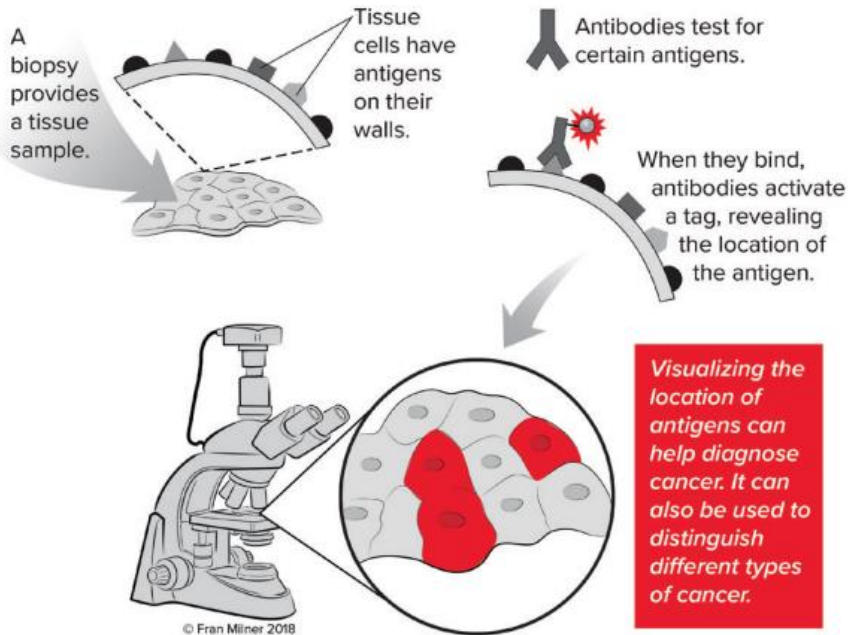
Clinical Trials

- Non-randomized
- Randomized

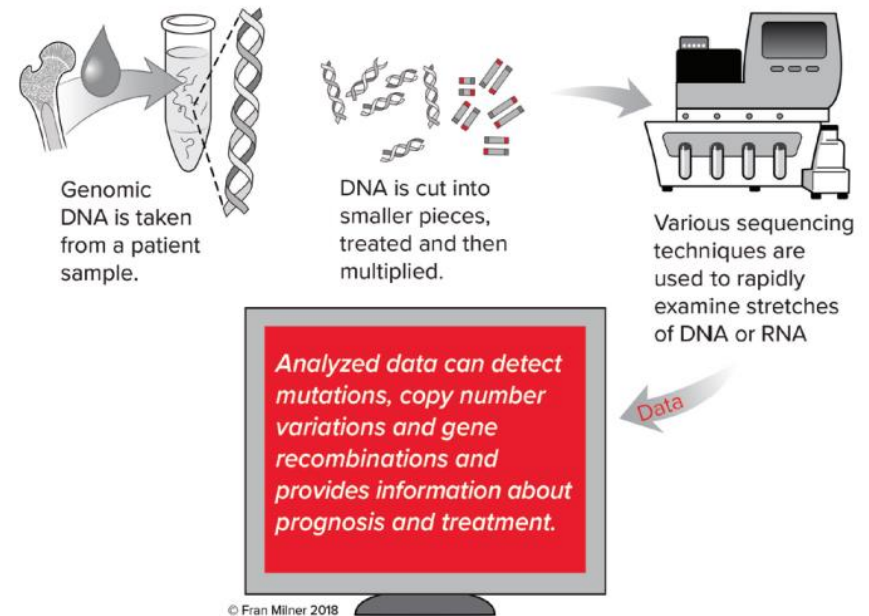
Conclusions

# How Molecular Profiling Works

## Immunohistochemistry (IHC)



## Next Generation Sequencing (NGS)



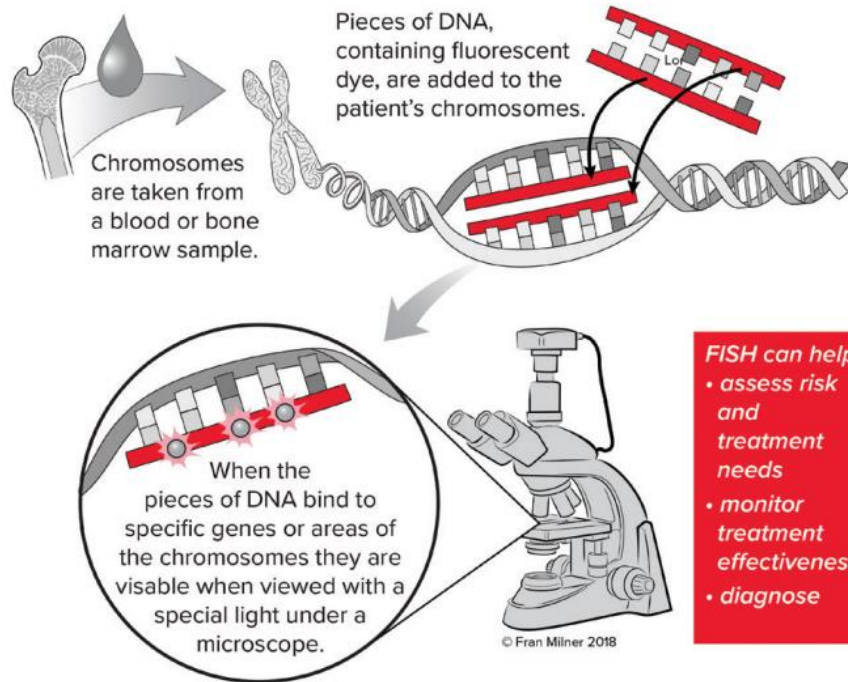
**This lab test uses antibodies to detect certain antigens (markers) in a tissue sample acquired from a biopsy.**

**Immunohistochemistry provides information that helps doctors to diagnose diseases such as cancer**

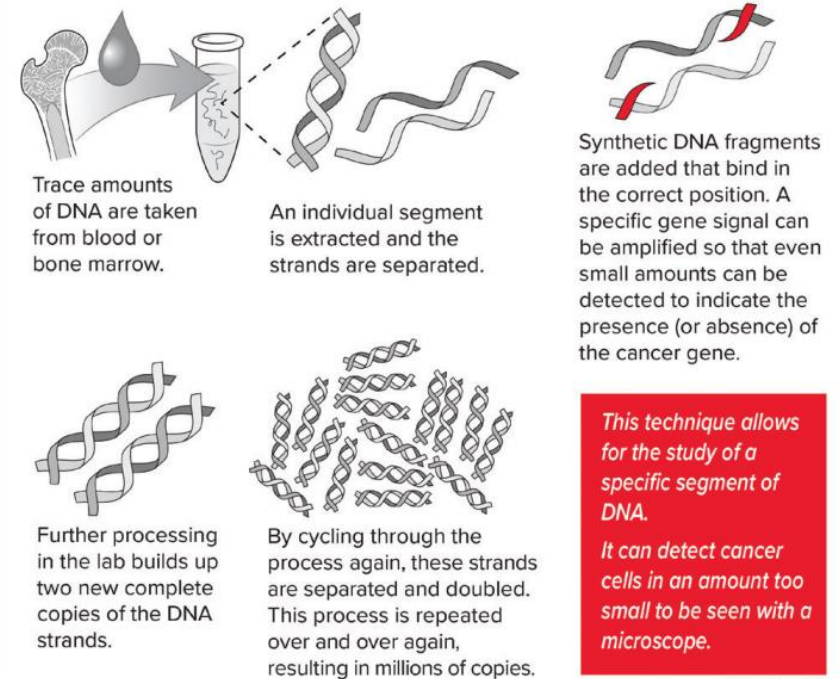
**DNA mutations, copy number variations and gene fusions across the genome and provide information about prognosis and treatment.**

# How Molecular Profiling Works

## Fluorescence in situ Hybridization (FISH)



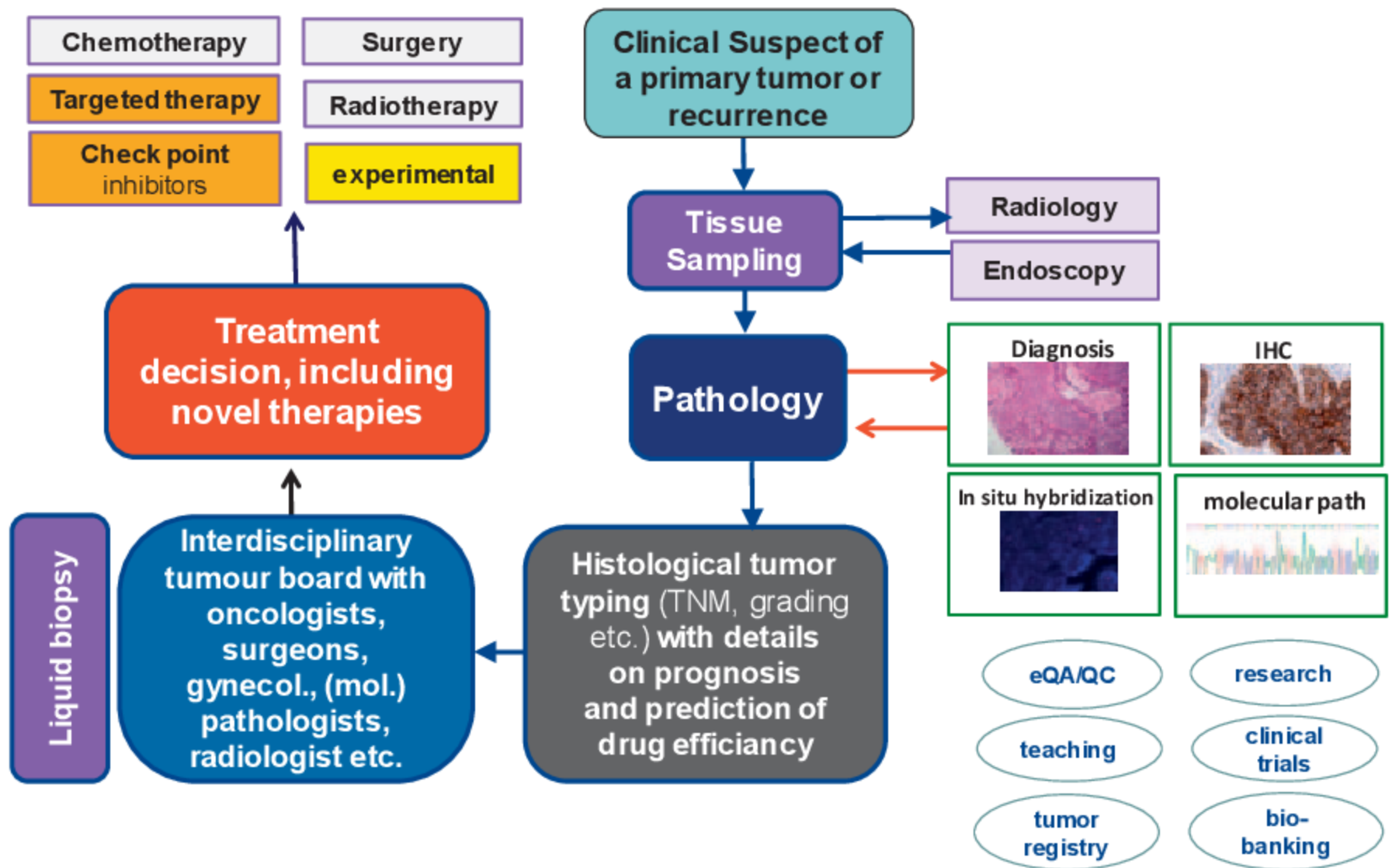
## Quantitative Polymerase Chain Reaction (qPCR)



This laboratory technique is used to evaluate genes and/or DNA sequences on chromosomes. FISH can be helpful in diagnosing, assessing risk and treatment needs, as well as for monitoring treatment effectiveness.

This is a technique that expands trace amounts of DNA so that a specific segment of DNA can be studied. This technique has become useful in detecting a very low concentration of blood cancer cells, too few to be seen using a microscope.

# Multidisciplinary Cooperation Enables Precision Oncology

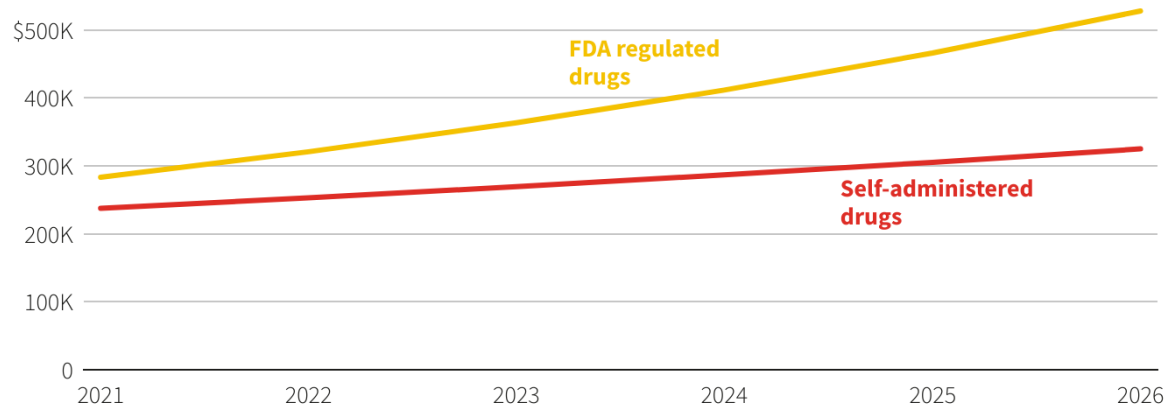




# Targeted therapy's major benefit is that it can kill cancer cells without damaging healthy cells

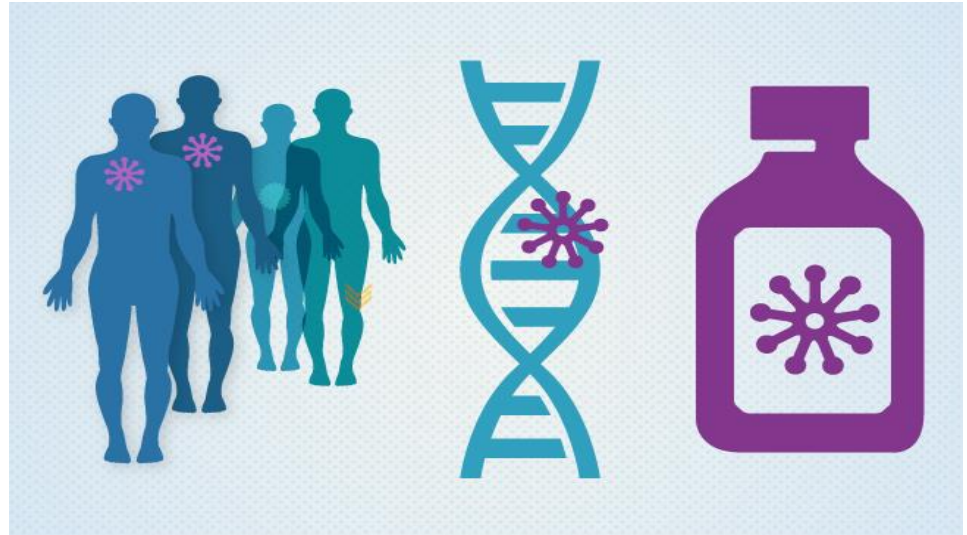
## U.S. cancer drugs set to get costlier

Despite the Inflation Reduction Act, launch prices of drugs treating various cancers are poised to rise in the coming years.



Note: 2021 is actual year-end data. FDA regulated drugs do not include CAR-T therapies.

Source: Office of U.S. Representative Katie Porter | Reuters, Nov. 2, 2022 | By Prinz Magtulis





THANK YOU



TERIMA KASIH